Summer 2021





Message from the President

Dear Colleagues and Friends,

I am cautiously optimistic that we are starting to come out of the third wave and am impressed with the turnaround in first dose vaccinations across Canada. Hopefully, we can all start to enjoy more social interactions sometime soon as well as get together in person at future CSO meetings. We still have to be cautious and so have planned another virtual CSOHNS 75th Annual Meeting from September 17-19, 2021. We are going back to the more traditional meeting with four parallel streams on Friday, Saturday and Sunday morning. We hope to record everything so participants can watch anything they missed or watch a particularly good session again.

The theme of the meeting this year is *Equity, Diversity and Inclusion in Otolaryngology*. This is obviously a very important topic for all of us to consider. We will have multiple sessions on EDI spread throughout the meeting and I have asked Dr. Lisa Robinson, Vice Dean, Equity and Inclusion at the University of Toronto to deliver the keynote address on EDI at the opening ceremony. I am pleased that Dr. Karen Kost has accepted my invitation as Guest of Honour.

Our Scientific Program Chair, Dr. Vincent Lin and CPD/CME Chair, Dr. Yvonne Chan and I have been busy constructing the program which we hope you will find interesting and informative. This year, we have taken a different approach and asked subspecialty groups to "think outside of the box" and select topics that would be of interest to both subspecialty and community otolaryngologists and ask speakers from anywhere in

Special points of interest

- · President's Message
- 75th Annual Meeting
- 2021 Call for Abstracts
- The Journal of OHNS
- Upcoming CSOHNS Positions— Nominations
- COHNS Fund
- Canadian University Fellowships (fully funded only)
- COHNS Fund Lab Coats
- In Memorium
- Employment
- Upcoming Events

Continued on page 2

Continued from page 1



"The theme of the meeting this year is **Equity, Diversity and Inclusion in Otolaryngology**. This is obviously a very important topic for all of us to consider"

the world to help. We hope this will maximize education and interest for all of us - stay tuned for what the various subspecialty groups come up with!

In addition, we are planning a virtual *Ultrasound Course* with Drs. Lisa Orloff (Stanford) and Susan Mandel (UPenn), a virtual *Sinus Surgery Course* led by Dr. Yvonne Chan and a repeat of the very successful *Airway Course* led by Dr. Paolo Campisi. There will be medical student and resident sessions as well as industry sponsored webinars. The *Poliquin Competition*, poster judging and best of poster sessions and paper sessions are all being planned – we hope many of you will consider submitting a paper or poster. In addition, the various CSO committees and interest groups are being asked to plan virtual meetings before, during or after the meeting.

Thank you to everyone who has worked so hard on our annual meetings, the IFOS meeting and the army of colleagues across the country who have given freely of their time and energy to help disseminate COVID guidelines, provide webinars, plan committee meetings and help so much in the day-to-day activities of our society. Our co-editors, Drs. Brian Rotenberg and Doug Chepeha are doing a terrific job and continue to elevate the status of our Journal. Thank you to Drs. Brian Westerberg and Fred Kozak who continue to work on logistics for the IFOS meeting planned for June 18-22, 2022 in Vancouver. Last but not least, a special shout out to Ms. Donna Humphrey and Ms. Kim Iverson who are the "glue" that holds our society together.

I miss the opportunity to interact in person with my wonderful colleagues from across Canada. For me, these educational, collegial and social interactions have been what sets the CSO meeting apart from so many other meetings I attend. For now, I look forward to welcoming you virtually at our annual meeting and sincerely hope you will be able to attend. We need your support to keep our society vibrant and relevant to Canadian otolaryngologists. When you receive the registration information, please don't hesitate, just sign up.

Please reach out to me if you have any questions or concerns. It is my pleasure and honour to serve as President (2.0) of this magnificent society.

I wish all of you and your families, good health and happiness. Have a wonderful summer and please make sure to take some time off – we all need it!

lan

Sincerely,

Ian Witterick, President

CSOHNS 75th Annual Meeting A Virtual Event

September 17—19, 2021

"Equity, Diversity and Inclusion in Otolaryngology"

President

DR. IAN WITTERICK, Toronto, ON

Scientific Program Chair

DR. VINCENT LIN, Toronto, ON

CPD/CME Committee Chair

DR. YVONNE CHAN, Toronto, ON

Guest of Honour

DR. KAREN KOST, Montreal, QC

Keynote Speaker

DR. LISA ROBINSON, Vice Dean, Equity & Inclusion,

University of Toronto, Toronto, ON



lan Witterick









Lisa Robinson

Special Guests

DR. LISA ORLOFF, Professor of OHNS, Stanford University

DR. SUSAN J. MANDEL, Professor of Medicine, University of Pennsylvania

DR. SUSAN GLOVER TAKAHASHI, Assistant Professor, Department of Family and Community Medicine, University of Toronto

DR. JANA LAZOR, Associate Professor, Faculty Development, MD Program, University of Toronto







Susan Mandel



Susan Glover Takahashi



Meeting Highlights

Multiple EDI Sessions

Sep 17 @ 1135 & 1205

Sep 18 @ 1055

Sep 19 @ 1055

Ultrasound Course

Sep 18 @ 1055

Dr. Lisa Orloff & Dr. Susan Mandel

Virtual Care Workshop

Sep 18 @ 1515

Dr. Jana Lazor & Dr. Susan Glover Takahashi

Sinus Surgery Course

Sep 18 @ 1245

Dr. Yvonne Chan

Airway Course

Sep 19 @ 1055

Dr. Paolo Campisi

Poliquin Competition

Sep 18 @ 1245

Dr. Danielle MacNeil

Best of Posters

Sep 19 @ 1055

Dr. Kevin Higgins

Women-in-Oto Workshop

Sep 18 @ 1610

Dr. Danielle MacNeil



Douglas Chepeha



Brian Rotenberg

EDITORIAL OFFICE

Donna Humphrey 68 Gilkison Street, Elora, ON NOB 1SO Phone: 519-846-0630; Fax 519-846-9529; cso.hns@sympatico.ca

Journal of Otolaryngology-Head & Neck Surgery

Dr. Douglas Chepeha, Toronto, ON & Dr. Brian Rotenberg, London, ON Co-Editors-in-Chief

The Journal (JOHNS) was an extremely busy place to be in the first half of 2021. Our submissions are already up 40% from last year. To accommodate the increased volume, we have been adding new Associate Editors. Our Associate Editors have been the glue that has kept us together. We really appreciate them! We need more reviewers. Thank-you to those who have been working with us. For those who have not yet reviewed, please consider doing a couple for us this year. It would really help JOHNS and the Society.

COVID MANUSCRIPTS

With respect to COVID, the Journal published 17 papers in 2020/21, 12 from CSO members and 5 from international sources. Several of these are anticipated to be highly cited. We would like to particularly point out the thoughtful guidelines that the CSO has published in the Journal, including those on rhinology and skull base surgery (those being major AGMP risks), see Chan et al [https://journalotohns.biomedcentral.com/articles/10.1186/s40463-020-00476-9] and Sommer et al's work on tracheostomy during the Covid pandemic [https://journalotohns.biomedcentral.com/articles/10.1186/s40463-020-00414-9]. These notable publications are sure to raise the Journal's profile and citation rates.

NEW ASSOCIATE EDITORS

We welcomed several additional Associate Editors to the Editorial Board, and in doing so, have grown both our national and international stature:

Dr. Michael Brandt, Toronto, ON—facial plastic & reconstructive surgery

Dr. Shamir Chandarana, Calgary, AB—clinical head and neck

Dr. David Côté, Edmonton, AB—facial plastic & reconstructive surgery

Dr. Cathie Garnis, PhD, Vancouver, BC—basic science

Dr. Chwee Ming Lim, Singapore—transitional science

Dr. Ewa Olszewska, Białystok, Poland—sleep surgery

We look forward to the strong contributions these new Associate Editors will make to the Journal's growth.

INTERNATIONAL IMPACT

National and international interest in JOHNS has grown. It is a very good problem to have!

APC (Author Processing Fee)

Of course, as we have indicated during the last meeting of the CSO, we have introduced some new fees related to the APC. Previously, the entire fee was paid by the Society. Now, because of the mounting cost to the Society, the APC is paid 50% by the authors and 50% by the Society. The fee provides world-wide open access. In addition, we provide value-added services such as a visual abstract included with your manuscript. This encapsulates your research message and we put this out on Instagram for you.

SOCIAL MEDIA

Additionally, we are delighted to on-board Dr. Alice Liu (Vancouver BC) to

Continued from page 4

the Journal's social media team. The online postings and visual abstracts have done a strong job of growing the Journal's brand nationally and internationally.

The Journal remains healthy due to the quality of submissions and the support of the Canadian Society of Otolaryngology - Head and Neck Surgery and our stalwart members. The Journal continues to be an instrument to project the quality of Canadian Otolaryngology-Head & Neck Surgery around the world. The Editors appreciate the collaboration of the Society and looks forward to serving the Canadian Otolaryngology - Head and Neck Surgery's scientific community in the coming year.

Brian & Doug Brian Rotenberg, MD, FRCS(C) Doug Chepeha, MD, MScPH, FACS, FRCSC

Welcome to the Journal's New Team Members!

Associate Editors



Shamir Chandarana



Cathie Garnis

David Côté



Ewa Olszewska



Michael Brandt

Social Media



Alice Liu

Our Sincere Thanks to the Outgoing Associate Editor



Corev Moore



Editorial Board

CO-EDITORS-IN-CHIEF

- Dr. Douglas Chepeha, Toronto
- Dr. Brian Rotenberg, London

ASSOCIATE EDITORS

- Dr. Maggie Aron, Vancouver
- Dr. Vincent Biron, Edmonton
- Dr. Michael Brandt, Toronto
- Dr. Jason Chan, Hong Kong
- Dr. Shamir Chandarana, Calgary
- Dr. David Côté, Edmonton
- Dr. Chris Diamond, Vancouver
- Dr. Cathie Garnis, Vancouver
- Dr. André Isaac, Edmonton
- Dr. Caroline Jeffery, Edmonton
- Dr. Simon Kirby, St. John's
- Dr. Karen Kost, Montreal
- Dr. Jun R. Lin, Toronto
- Dr. Tamara Mijovic, Montreal
- Dr. Chwee Ming Lim, Singapore
- Dr. Dan O'Connell, Edmonton
- Dr. Ewa Olszewska, Poland
- Dr. Matthew Rigby, Halifax
- Dr. Praby Singh, Toronto
- Dr. Leigh Sowerby, London
- Dr. Han Zhang, Hamilton
- Dr. Wei Xu, Toronto

SOCIAL MEDIA TEAM

- Dr. Alice Liu, Vancouver
- Dr. Pia Pace-Asciak, Toronto
- Dr. Jennifer Siu, Toronto
- Dr. Emily Deane, Vancouver

Important

Deadline for CSO Nominations

— AUGUST 20th, 2021.

Contact the Society's office at 519-846-0630 / cso.hns@symptico.ca if you have any questions.

Upcoming Society Positions for 2021/22

September 19, 2021 @ 12:15 p.m. (Annual Meeting)

Nominations are being sought for the following CSOHNS council and committee positions –

- Secretary-Elect
- Regional Representatives: Nova Scotia & British Columbia
- Committee Chairs & Representatives: Awards, Bylaws, CMA, CPD/ CME, E-Communications, Canadian Fellowship, General Otolaryngology, Global Health (co-chairs), & Scientific Program

Those interested, please send us your CV along with a letter explaining why you would be right for the job. Email, fax or mail to: Dr. F.K. Kozak, Nominating Committee Chair, c/o CSOHNS, 68 Gilkison Street, ELORA, ON N0B 1S0 Fax – (519) 846-9529, Email - cso.hns@sympatico.ca.

FINAL DEADLINE for Nominations: August 20, 2021

Canadian Otolarynology Head & Neck Surgery Fund

Dr. Doug Angel, St. John's, NL President

Hello CSO Members

I hope everyone has had a great first half of 2021, despite the obvious challenges put before us. Thank you to all of our members who have supported the CSO Fund over the past year. Your support is truly appreciated and valued.

This past year, the CSO Fund has continued to support, and award two Fellowship Grants of \$25,000 for two graduating Residents entering their first year of fellowship training. I am excited and happy to announce that the Fund will be able to continue to support these two awards for the coming year for the graduating class of 2022. The Fund has also continued its ongoing support for the LearnENT app; a fantastic educational application available to everyone. Finally, in 2021, the Fund is working with the CSO Women in Otolaryngology Group to arrange a separate stream for contributions that can be allocated and utilized directly by our WIO group.

For those new members of the Society that are unaware of the Fund and its importance, please click the link on our CSO website (top right)! The Fund relies on contributions and support from our own membership to be able to continually support the fellowship awards, continuing medical education and other endeavours. I encourage all to consider even a very small donation to the Fund as it really benefits us all as a Society.

We look forward to seeing everyone soon for a little social gathering/ (maybe) Fund fundraiser very soon!

All the Best! Doug Angel



Doug Angel

Thank-you to our COHNS Fund Donors!

Our sincerest thanks go to all those members who have donated to the Fund this year. Donations from the membership are crucial to the sustainability of the Fund's various programs including the Canadian Fellowship Award, the Mini-fellowship, the Global Outreach and Womenin-Otolaryngology programs. We hope you will continue to give through the "Circle of Platinum, Gold, Silver and Bronze Donors". Each year, contributions of \$1000 will be acknowledged with a certificate and a special lapel pin will be presented at the annual meeting to those who have donated \$5000 or more.

If you wish to donate by credit card or cheque please download a donation card. A tax receipt will be issued for all donations over \$25.

Members can also donate **online** through **CanadaHelps**, a Canadian platform for virtual fundraising . <u>Click here</u> to give through their website. A receipt will automatically be sent to your email once a donation has been made.

2021 Annual Meeting—Call for Abstracts

DEADLINE FOR SUBMISSIONS: JULY 15, 2021

The Scientific Program Committee of the CSOHNS is now accepting abstract submissions for **papers** and **posters** for the 75th Annual Meeting to be held virtually from Friday, September 17 to Sunday, September 19, 2021.

For all the details, including **instructions**, **deadlines** and **access** to the **submission portal**, please go <u>2021 Annual Meeting</u> (CSOHNS website) and click on the *Call for Abstracts* tab.

IMPORTANT DATES TO REMEMBER

Abstract submission deadline—July 15, 2021

- Paper & posters
- Workshops (via the <u>CSO subspecialty groups only</u>)
- Poliquin Competition

Manuscript submission deadline—August 9, 2021

- Poliquin Competition
- Hodge Memorial Award

PDF submission deadline—August 16, 2021

E-Poster Competition

2021 / 2022 COHNS Fund Fellowship Award Winners

Dr. Neil Arnstead, University of Toronto

Dr. Peter Dixon, University of Toronto



Neil Arnstead



Peter Dixon

Our congratulations to the recipients and we look forward to hearing more details in the coming months.



(Fully Funded Only)

Dalhousie University

OTOLOGY, NEUROTOLOGY & SKULL BASE SURGERY

1-year (C/R)

Director: Dr. David P. Morris, Halifax, NS

Details available here.

HEAD & NECK ONCOLOGY / RECONSTRUCTIVE MICRO-

SURGERY 1-year (C/R)

Director: Dr. Matthew Rigby, Halifax, NS

Details available here.

McGill University

PEDIATRIC OTOLARYNGOLOGY 1-year (R and/or C)

Directors: Drs. Sam Daniel & Melanie Duval, Montreal, QC

Details available here.

HEAD & NECK SURGERY 1-year (C)

Directors: Drs. Michael Hier & Alex Mlynarek, Montreal, QC

Details available here.

DALHOUSIE

UNIVERSITY

HEAD & NECK AND MICROVASCULAR RECONSTRUCTION

2-years (C)

Directors: Drs. Michael Hier & Alex Mlynarek, Montreal, QC

Details available here.

AUDITORY SCIENCES LABORATORY 1-year (C)

Supervisor: Dr. Sam J. Daniel, Montreal, QC

Details available here.

LARYNGOLOGY 1-year (C)

Director: Dr. Karen Kost, Montreal, QC

Details available here.

HEAD & NECK CUTANEOUS MALIGNANCY AND FACIAL

RECONSTRUCTION 1-year

Director: Dr. Karen Kost, Montreal, QC

Details available here.





PEDIATRIC OTOLARYNGOLOGY

1- 2 years (C)

Director: Dr. Annie Lapointe, Montreal, QC

Details available here.



Western University

ADVANCED TRAINING IN HEAD & NECK ONCOLOGY & RECON-STRUCTIVE MICROVASULAR SURGERY

1-year (C/R)

Director: Dr. Anthony Nichols, London, ON

Details available here.

Continued from page 9

University of Toronto

Programs offered in:

FAČIAL PLASTIC AND RECONSTRUCTIVE SURGERY HEAD & NECK SURGICAL ONCOLOGY LARYNGOLOGY OTOLOGY / SKULL BASE SURGERY PEDIATRIC OTOLARYNGOLOGY RHINOLOGY, SKULL BASE & HEAD & NECK ONCOLOGY MEDICAL AND SURGICAL OTOLOGY / NEUROTOLOGY Details available here.



ADVANCED HEAD & NECK SURGICAL ONCOLOGY 1-year (C)

Director: Dr. Rob Hart, Calgary, AB

Details available here.

University of Alberta

RHINOLOGY & ENDOSCOPIC SINUS AND SKULL BASE

SURGERY 1-year (C)

Director: Dr. Erin Wright, Edmonton, AB

Details available here.

ADVANCED HEAD & NECK ONCOLOGY AND MICROVASCULAR RECONSTRUCTION 1-year (C)

Director: Dr. Dan O'Connell, Edmonton, AB

Details available here.

PEDIATRIC OTOLARYNGOLOGY 1-year (C)

Director: Dr. Hamdy El-Hakim, Edmonton, AB

Details available here.

University of British Columbia

OTOLOGY & NEUROTOLOGY 1-year (C)

Director: Dr. Jane Lea, Vancouver, BC

Details available here.

PEDIATRIC OTOLARYNGOLOGY 1-year (C/R)

Director: Dr. Neil Chadha, Vancouver, BC

Details available here.

RHINOLOGY 1-year (C)

Director: Dr. Andrew Thamboo, Vancouver, BC

Details available here.

HEAD & NECK SURGICAL ONCOLOGY 1-year (C)

Director: Dr. Eitan Prisman Details available here.

If you have a funded Canadian fellowship you wish to post on the CSO website please contact the office at cso.hns@sympatico.ca.









To advertise a position on the Society's website please send your ad to the CSO HNS office at—cso.hns@sympatico.ca.

It will be posted for a period of three months and circulated in appropriate Society eblasts to the membership.



Employment Opportunities

NFW (June 11/21)

OTOLARYNGOLOGIST, TRAIL / ROSSLAND, BC

The Kootnay Boundary Regional Hospital's ENT Department is growing and looking for a new team member. Read More

(May 26/21)

ONE-YEAR LOCUM OTOLARYNGOLOGIST-HEAD & NECK SURGEON, QUINTE AREA, ON

Quinte Health Care has a one-year Locum opportunity for an Otolaryngologist to provide general otolaryngology, head and neck surgery services. Read More

(May 26/21)

OTOLARYNGOLOGIST-HEAD & NECK SURGEON, PETERBOROUGH, ON

Our team of Otolaryngology – Head and Neck Surgeons is looking for a 5th member to join our team on a permanent, full-time basis. Read More

(May 25/21)

CHAIR/LEAD HEAD & NECK SURGERY, SIOUX FALLS, SD

The opportunity is for a physician candidate who would help lead and build a tertiary level program for ENT-HNS. Read More

(May 21/21)

OTOLARYNGOLOGIST-HEAD & NECK SURGEON, MISSISSAUGA & NEW MARKET, ON

Join our network of clinics throughout the GTA. Oakville, Mississauga, and Newmarket. Set your own schedule. Turn-key. No equipment to purchase. Cloud based EMR to access records anywhere. Full audiology support in clinic. Reduce your overhead and keep more of your billings with attractive ratios. No call responsibilities and flexible schedules to meet your lifestyle. Contact us at entofficegta@gmail.com for more information.

COHNS Fund Lab Coats

Once again we are taking orders for our white, button closure lab coats. Both coat designs (men's/unisex and women's cut) feature 3 outside pockets and include the Society logo with the words "Otolaryngology-Head & Neck Surgery" OR "ORL - Chirurgie cervico-faciale" embroidered over the chest pocket. The men's/unisex coat has an adjustable back belt and side access openings. All coats are personalized with your name, and if you wish, a subspecialty title.

Net proceeds from the sales of the lab coats go to the COHNS Fund.

To order please click here.





In Memoriam

Dr. Simon J. McGrail 1931 – 2021

Simon was a University of Toronto faculty member at Wellesley Hospital for years and will be remembered by a generation of residents as a gentleman, raconteur and a person of many talents and interests. He was born in Yorkshire England and practiced in England, Hong Kong, Bermuda, Monserrat, Michigan, small towns of Northern Ontario, Toronto and most recently Nova Scotia. His eclectic career included otolaryngology-head and neck surgery, but he had many other "careers" in his journey including soccer, tennis and race car driving. He had a variety of interests in our specialty including head & neck oncology and care of the professional voice. All who worked with him I am sure have a fond "Simon McGrail" story.

https://www.saltwire.com/atlantic-canada/obituaries/dr-simon-j-mcgrail-56169/



1930 - 2021

It is with sadness that I let you know that Dr. David Briant, age 90, died after a lengthy illness.

Dr. Briant was a "surgeon's surgeon" with vast experience in head & neck oncologic, endocrine, sinonasal, skull base and reconstructive procedures. He helped pioneer many approaches and techniques that we use today. Dr. Briant graduated from the University of Toronto's medical school and then did postgraduate training in otolaryngology – head & neck surgery (OHNS). He practiced at several Toronto hospitals before becoming Chief of OHNS at St. Michael's Hospital in 1972. He was a full professor at the University of Toronto and held senior leadership roles in our department, St. Michael's Hospital, international head & neck societies and the Canadian Society of Otolaryngology – Head & Neck Surgery where he was President in 1985.

Dr. Briant will be fondly remembered as a brilliant mentor, skilled surgeon and a wonderful colleague.



Simon J. McGrail



T. David R. Briant



Upcoming CME Events

CANADIAN SOCIETY OF OTOLARYNGOLOGY-HEAD & NECK SURGERY ANNUAL MEETINGS

2021 Virtual Event - September 17 - 19

2022 IFOS World Congress – June 19 - 23

2023 Montreal, QC - Date & Venue TBA

2024 Fredericton, NB - Date & Venue TBA

2025 Calgary, AB - Date & Venue TBA

2025 St. John's, NL - Date & Venue TBA

19 Jun 2021

Otolaryngological Emergencies: Management Tips & Pearls

17 Sep 2021

71st Australian Society of Otolaryngology-Head & Neck Surgery Annual Meeting

30 Sep 2021

90th Meeting of the American Thyroid Association

1 Oct 2021

7th Endoscopic Skull Base Dissection Course

3 Oct 2021

125th AAO-HNS Annual Meeting & Expo

7 Oct 2021

Hands-on Course - Parapharyngeal Space Surgery

9 Nov 2021

74th Annual Scientific Meeting, New Zealand Society of Otolaryngology, Head and Neck Surgery

15 Nov 2021

World Congress on Otology, Rhinology & Laryngology

16 Jun 2022

IFOS Pre-Meeting Masterclass in Endoscopic Sinus Surgery

27 April 2022 SAVE THE DATE - COSM Hyatt Regency Dallas Dallas, TX



Top 10 Reasons to be a CSOHNS Member



- It's the right thing to do!
- Attend the Annual Meeting at a reduced rate.
- Waive 50% of the publication fee for accepted articles to the Journal of Otolaryngology-Head & Neck Surgery
- Access online resources including CPD forms and tips.
- Advocate for you patients as part of a national body.
- Collaborate with your colleagues from coast to coast to coast.
- Enhance your credibility by belonging to your national association.
- Socialize with your peers in all disciplines of otolaryngology.
- Professional development opportunities.
- Access or assist in developing professional standards and guidelines for our profession.

For more information and to download an application form please go to https://www.entcanada.org/cso/csohns-membership/

Canadian Society of Otolarynology-Head and Neck Surgery

68 Gilkison Street Elora, ON NOB 1S0 Phone: 519-846-0630 Fax: 519-846-9529

E-mail: <u>cso.hns@sympatico.ca</u> Website: <u>www.entcanada.org</u>



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