



## **Assessment Reflection Tool**

### **Step 1: Review your self-assessment and your patients' assessment**

1. In which areas does your self-assessment align with your patients' assessments?
2. In which areas do they not align?
3. What surprised you?
4. What did not surprise you?

### **Step 2: Reflect on the feedback**

Please answer at least one of the following questions:

1. What did you learn or confirm?
2. What additional learning are you planning to complete?
3. What changes are you planning to implement in your practice?

### **Step 3: Document this Assessment in MAINPORT**

- How many hours did you spend participating in this activity? \_\_\_\_\_
  - Include the time you spend reflecting on the feedback.
  - You earn 3 credits/hour.
- Log into MAINPORT and enter your information into Section 3 – Assessment (practice assessment).
- You can save this document to upload to MAINPORT even though supporting documentation is not required for credit validation.