



# The Newsletter



## Message from the President

Dear Colleagues and Friends,

It is a real honour and pleasure for me to serve as President of the Canadian Society of Otolaryngology-Head & Neck Surgery. This is an esteemed organization of like-minded colleagues who willingly volunteer their time to promote education and research across our great nation and internationally. To this end, I hope everyone has June 19-23, 2021 firmly placed in their calendars as our society will host the International Federation of ORL Societies (IFOS) in beautiful Vancouver. IFOS is a non-political organization representing over 50,000 otolaryngologists from 120 member nations. Dr. Brian Westerberg will preside as President and Dr. Fred Kozak as Program Chair. They are both working very hard along with so many members of our society to welcome our international colleagues and make this meeting unforgettable. We have selected MCI to help support us in running this world congress along with a small army of Canadian and international otolaryngologists from multiple specialties. We hope to welcome 5000 or more colleagues from across the globe to this event held every four years. This meeting will allow us to showcase our beautiful country and the talent within. I really hope that you will be able to attend and help with this historic event for our society.

We recently held our Interim Council Meeting in Toronto for our executive committee. One of the highlights of the meeting was hearing from Dr. Wayne Matthews, Chair of our Specialty Committee at the Royal College of Physicians and Surgeons of Canada. Dr. Matthews detailed the recent reversal of the American Board of Otolaryngology (ABO) decision which will now allow Canadian graduates to take the ABO examination. Further details have been circulated at university centres and are available on our website. On behalf of our society, I want to thank Dr. Matthews along with the current ABO Executive Director (Dr. Brian Nussenbaum) and his predecessor (Dr. Robert Miller) who were most

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## Special points of interest

- President's Message
- ABO Eligibility
- The Journal of OHNS
- Edmonton AGM Wrap-Up
- 2019 Awards / Fellowship Awards
- 2020 Call for Abstracts
- IFOS World Congress 2021
- Young Otolaryngologists—IFOS
- Call for Nominations
- What is an Otolaryngologist-Head and Neck Surgeon?
- 2020 Fredericton AGM

*"...Dr. Matthews detailed the recent reversal of the American Board of Otolaryngology (ABO) decision which will now allow Canadian graduates to take the ABO examination."*



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influential in helping to allow Canadian trained residents to take the ABO examination. The ABO has asked that we give them time to adjust and sort out the "paperwork" and would appreciate if members hold off on contacting them with questions until after February 2020.

The annual meeting in Fredericton New Brunswick will officially take place from June 6-9, 2020. With the assistance of Dr. Vincent Lin (Scientific Program Chair), Dr. Greg Thompson (Local Arrangements Chair) and Ms. Donna Humphrey (General Manager), we are planning an exciting and memorable meeting. It will be a perfect opportunity to see the vitality of the east coast and experience the warmth and hospitality of the Maritimes. There is a myriad of family friendly and recreational pursuits locally and throughout the Maritimes so please consider making it into a family vacation.

The Fredericton Convention Centre is an ideal size for our meeting with a hotel attached, another one directly across the street, beautiful shops and restaurants along the street and a spectacular art gallery a few minutes away from the convention centre. The meeting theme revolves around *Quality and Excellence in Otolaryngology-Head & Neck Surgery*. Presentations and discussion will highlight the great work being done across North America to improve and deliver quality care to our patients. Two "quality" individuals (Dr. Julian Nedzelski and Dr. Dale Brown) will be presented with *Lifetime Achievement Awards*.

There will be several pre-meeting courses on Friday June 5th and Saturday June 6th. On June 5th, we are planning an American College of Surgeons Certification Course in head and neck/thyroid ultrasound led by Dr. Russell Smith. On Saturday June 6th, we will hold a thyroid oncology meeting with keynote lectures and panel discussions led by Drs. Jeremy Freeman and Dan O'Connell. Guests include Drs. Jatin Shah, Ashok Shaha, Greg Randolph and Brian McIver as well as a host of Canadian thyroid surgeons.

For those not interested in ultrasound or thyroid cancer, there will be two ear dissection courses and two endoscopic sinus surgery dissection courses offered on June 5<sup>th</sup> and 6<sup>th</sup> in the Stryker Mobile Lab, a state-of-the-art mobile dissection facility. We are working on a one day didactic and hands-on dissection course in endoscopic ear surgery and a second day of open/traditional temporal bone surgery on June 5<sup>th</sup> and 6<sup>th</sup> co-directed by Drs. Adrian James and Jane Lea. There will also be two separate endoscopic sinus surgery dissection "Masterclasses" on June 5<sup>th</sup> and 6<sup>th</sup> co-directed by Drs. Marc Tewfik and Phillip Chen. Space will be limited for all of these courses so please consider signing up early when registration opens so you are not disappointed.

In keeping with the theme of the meeting, a Quality Primer with small group discussions of quality initiatives and category 3 credits are planned. We are also working on a pediatric bronchoscopy hands-on course with category 3 credits. We are still in the process of confirming several other speakers to help with the quality agenda. Other guests include Dr. Brian Nussenbaum (ABO Executive Director), Dr. Rick Chandra from Vanderbilt University and Dr. Dan Fliss from Israel. We are a partner with the British Academic Conference in Otolaryngology (BACO) who are holding their annual meeting in Birmingham July 8-10, 2020. We are "exchanging" experts and hope to have some of our UK colleagues attend our meeting.

I was impressed with the large number of medical students interested in our specialty at the Edmonton meeting. With the help of several current medical students and the Undergraduate Medical Education Committee, we hope to create interesting content appropriate for medical students in Fredericton. In addition, we hope to create opportunities for them to interact with residents and faculty. Similarly, we are working to

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create stimulating educational and networking opportunities for residents.

The initial opening Welcome Reception will take place in the convention center along with our sponsors and the opening of the exhibit hall. Prior to the opening reception, we are planning a COHNS Fund fundraiser in a theater beside the convention center with musical talent from our own society members led by Dr. Doug Angel. This will be a great way to come out and cheer on your colleagues, raise a little money for the fund, and see some of the amazing musical talent that we have within our own society.

The Presidents Banquet will be held at a local Farmer's Market a few blocks from the convention centre and hotels. It will be a casual affair with local food and entertainment in an open and inviting atmosphere. Bring your jeans, plaid shirts, bandanas etc., and get ready for a party with local music and a Maritime gastronomic experience.

Please look at your calendars now and block off time for the Fredericton meeting; you won't be disappointed!

The life blood of our society are its members. Please consider putting your name forward to help with some of the committees, specialty groups and other opportunities that come up to help our society. I for one really appreciate the support, hard work and joie de vivre that our members across Canada have shown. It is such a pleasure to work with talented individuals and see our specialty excel!

If you have any questions, please do not hesitate to contact me.

Wishing everyone a happy, safe and restful holiday season.

Thank you!  
*Ian Witterick, President*

## ABOHNS Eligibility for Graduates of the Royal College OHNS Programs

Dr. T. Wayne Matthews, CALGARY, AB  
Royal College Specialty Committee Chair

It's my pleasure to share with you this document from Dr. Nussenbaum and the ABOHNS outlining their final policy regarding ABOHNS eligibility for graduates of RC OHNS programs. I believe the process is entirely fair and the document very clear. Dr. Nussenbaum has indicated that it is acceptable and, in fact, his desire to share this document widely. However, he has asked that for the time being **any questions be directed to me (Dr. T. Wayne Matthews) not Dr. Nussenbaum or the ABOHNS**. Because it will take some time for the ABOHNS to adjust their IT infrastructure to accommodate processing Canadian applications please advise your residents/ graduates to not attempt to apply for the 2020 examination before February 1, 2020. My understanding is that the earliest ABOHNS examination that Canadians are eligible to write will be the Fall of 2021.

To read the complete *ABOHNS Canada BE Policy* visit the Society's website—"News" section.





JOURNAL OF OTOLARYNGOLOGY -  
HEAD & NECK SURGERY



*Douglas Chepeha, Toronto*



*Brian Rotenberg, London*



*Stacey Leavitt-Wright, Edmonton*

## Journal of Otolaryngology-Head & Neck Surgery

Dr. Douglas Chepeha, Toronto, ON Co-Editor

Dr. Brian Rotenberg, London, ON Co-Editor

### **Brian Rotenberg Joins the Journal of Otolaryngology-Head & Neck Surgery and Replaces Hadi Seikaly as Co-Editor-in-Chief**

We would like to thank **Hadi Seikaly** as the outgoing Co-Editor-in-Chief as well as the outstanding editorial team that led the Journal over his tenure. Additionally, we would like to thank **Hamdi El-Hakim** and **Robert Hart** who are outgoing Associate Editors after more than 10 years of service. Both of them have provided critical guidance and support as well as having reviewed 1000 manuscripts. They took on the very difficult task of modernizing the Journal in response to the changes in the publishing industry. We are grateful for their superb stewardship. Brian Rotenberg has been added to the team and joins Douglas Chepeha as Co-Editor-in-Chief.

Our latest Impact Factor is 2.175. This number can fluctuate but as a reference, the “White” Journal of the American Academy of Otolaryngology-Head and Neck Surgery is 2.3. The impact factor is calculated by determining the number of times a published manuscript is referenced in a calendar year. This impact factor would not be possible without broad support from reviewers, our Associate Editors, the Society and the authors trusting our Journal. A big part of this success is due to the organizational skills of **Stacey Leavitt-Wright**. She interacted with our new publisher, organized the Managing Editorial team, took care of all the correspondence, organized the awards, all with a level of professionalism that elevated the Journal. We tried to keep Stacey on but she has elected to use her considerable skill set to pursue other endeavors. We were fortunate that **Donna Humphrey** agreed to step in and consolidate the management of the Journal and the Society.

With the visibility of the Journal rising, there has been much more work to do. We put out a call for Associate Editors. Our Managing Editorial Team opened new positions and expanded the number of Associate Editors. We are delighted to welcome on board **Drs. Karen Kost** as the new Associate Editor for Laryngology, **Han Zhang** as the new Associate Editor for Head and Neck Oncology, **Andre Isaac** as the new Associate Editor for Pediatrics, and **Simon Kirby** and **Tamara Mijovic** as the Associate Editors for Outreach/Diversity. We are looking to the team to help make the manuscripts accessible and relevant. To support our high-quality manuscripts we need high quality reviews, so please help out as a reviewer, there is a real need for new individuals.

## With Many Thanks

After 11 years as Managing Editor, I have decided to step down in pursuit of other challenges. The role has gone through significant changes since I began and was mailed print copies of manuscripts to edit! Moving to open access with a new publisher has ensured relevance of the Journal for the newer cohort entering the field and allowed my role to expand to other activities in support of the mission and strategy.

Working with Hadi, Erin and various associate editors our team took the impact factor to ever increasing all time highs. Our editorial board has ensured smooth transitions and these volunteers work tirelessly on your behalf. I urge you to get involved! Do a review and submit your quality papers as the Journal is YOUR publication, and I look forward with great confidence to the next stages under the leadership of Doug, Brian and Donna.

*Stacey Leavitt—Wright*

## A Warm Welcome to the New Associate Editors

**Dr. Simon Kirby, Memorial University**  
**Dr. Tamara Mijovic, McGill University**  
**Associate Co-Editor, for Outreach and Diversity**



Greetings! I would like to take this opportunity to convey how exciting times are in medicine in general and otolaryngology specifically. We are on the precipice of game-changing advancements in diagnosis and treatment. Along with the editorial team, I am committed to providing top quality information to you that can be used to innovate your practice.

**Dr. Han Zhang, McMaster University**  
**Associate Editor for Head and Neck Oncology**

I am excited to join a team of hardworking, innovative, and exceptional associate editors. As the new Associate Editor for the Journal of Otolaryngology-Head and Neck Surgery in Head and Neck Oncology, I hope to engage a wider audiences and more diverse participation from around the world.



**Dr. Karen Kost, McGill University**  
**Associate Editor for Laryngology**

I am honored to have been offered the position of AE of Laryngology for the Journal. I look forward to the opportunity of working with a wonderful team towards a common goal of publishing high quality manuscripts that are current, interesting and relevant to our readers.



**Dr. Jason Y.K. Chan, The Chinese University of Hong Kong**  
**Associate Editor for Head and Neck Surgery**

I am ecstatic to be invited as Associate Editor for the Journal of Otolaryngology - Head and Neck Surgery and aim to use my unique global training background in Europe, USA and Asia to contribute in the journal's development.



**Dr. André Isaac, University of Alberta**  
**Associate Editor for Pediatric Otolaryngology**



I am excited and humbled to accept the position of Associate Editor for the Journal of Otolaryngology-Head and Neck Surgery. I feel honored to be part of such an outstanding team, and hope to further build on the Journal's tremendous success. Through building collaborative relationships across Canada, the USA and the world, I hope to help the Journal become an even more recognized name across the global Otolaryngology community, and maintain its position as a premiere journal in its field. Thank you for this special opportunity to serve the Canadian Society of Otolaryngology in this way.



### Journal's Editorial Board

#### CO-EDITORS-IN-CHIEF

Dr. Douglas Chepeha, Toronto  
Dr. Brian Rotenberg, London

#### ASSOCIATE EDITORS

Dr. Maggie Aron, Vancouver  
Dr. Vincent Biron, Edmonton  
Dr. Jason Chan, Hong Kong  
Dr. Chris Diamond, Vancouver  
Dr. André Isaac, Edmonton  
Dr. Caroline Jeffrey, Edmonton  
Dr. Simon Kirby, St. John's  
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Dr. Tamara Mijovic, Montreal  
Dr. Corey Moore, London  
Dr. Dan O'Connell, Edmonton  
Dr. Matthew Rigby, Halifax  
Dr. Leigh Sowerby, London  
Dr. Alvin Wee, Minneapolis  
Dr. Han Zhang, Hamilton

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### With Much Appreciation!

A sincere thank-you to all the **Executive, Regional Representatives and Standing / Special Interest Committee Chairs** who have volunteer their time and service to the Society. Without our volunteers, we could not function!

A special thanks to the members of the **Royal College Examining Board** and the **Collège des Médecins du Québec** for their work and dedication to Otolaryngology-Head and Neck Surgery.

A list of the upcoming council and committees positions for 2020 is available in this newsletter as well as on the Society's website.



## 2019 / 2020 Council & Committees

### EXECUTIVE COUNCIL

President – **Dr. Ian Witterick**, *Toronto* (2019-20)  
Immediate Past-President – **Dr. Frederick Kozak**, *Vancouver* (2019-20)  
1st VP – **Brian Westerberg**, *Vancouver* (2019-20)  
2nd VP – **Dr. Hadi Seikaly**, *Edmonton* (2019-20)  
2nd VP Elect – **Dr. F. Gigi Osler**, *Winnipeg* (2019-20)  
Secretary – **Dr. Jodi Jones**, *Winnipeg* (2018-22)  
Treasurer – **Dr. John Yoo**, *London* (2016-20)

### REGIONAL REPRESENTATIVES

Newfoundland – **Dr. Doug Angel**, *St. John's* (2016-20)  
New Brunswick – **Dr. Greg Thompson**, *Fredericton* (2016-20)  
Nova Scotia – **Dr. Paul Hong**, *Halifax* (2017-21)  
Prince Edward Island – **Dr. Alfredo Campos**, *Summerside* (2016-20)  
Quebec – **Dr. Sophie Lachance**, *Quebec* (2018-22) & **Dr. Lily Nguyen**, *Montreal* (2016-20)  
Ontario – **Dr. Michael Brandt** (2018-22) & **Dr. Kevin Higgins**, *Toronto* (2019-23)  
Manitoba – **Dr. Andrea Darnbrough**, *Winnipeg* (2018-22)  
Saskatchewan – **Dr. Anil Sharma**, *Saskatoon* (2018-22)  
Alberta – **Dr. Rob Seemann**, *Edmonton* (2018-22)  
British Columbia – **Dr. Jane Lea**, *Vancouver* (2016-20)

### COMMITTEES

Awards – **Dr. Danielle MacNeil**, *London* (2018-21)  
Bylaws – **Dr. Trina Uwiera**, *Edmonton* (2018-21)  
Canadian Fellowships – **Dr. Dan O'Connell**, *Edmonton* (2018-21)  
COACH – **Dr. Desmond Nunez**, *Vancouver* (2019-22)  
CPD – **Dr. Yvonne Chan**, *Toronto* (2018-21)  
Co-editors – **Dr. Doug Chepeha**, *Toronto* (2017) & **Dr. Brian Rotenberg**, *London* (2019)  
Electronic Communications – **Dr. Laurie McLean**, *Ottawa* (2016-20)  
Ethics/Nominating – **Dr. Frederick Kozak**, *Vancouver* (2019-20)  
First 5-Years in Practice—**TBA**  
General Otolaryngology – **Dr. Nico Moolman**, *Halifax* (2019-22)  
Global Health – **Dr. Jane Lea**, *Vancouver* (2018-21) & **Dr. Leigh Sowerby**, *London* (2018-21)  
Historian – **Dr. Paolo Campisi**, *Toronto* (2019-22)  
Industry Liaison – **Dr. Peter Spafford**, *Saskatoon* (2017-20)  
Physician Resources – **Dr. Rick Jaggi**, *Saskatoon* (2019-22)  
Resident Representative – **Dr. Lina Z. Benamira**, *Montreal* (2017-20)  
Representative to the CMA – **Dr. Nadine Yammine**, *Chatham* (2017-20)  
Representative to IFOS – **Dr. Gigi Osler**, *Winnipeg* (2018-21)  
Representative to the Royal College – **Dr. T. Wayne Matthews**, *Calgary* (2017-20)  
Scientific Program – **Dr. Vincent Lin**, *Toronto* (2018-21)  
Research – **Dr. Anthony Nichols**, *London* (2017-20) & **Dr. Tony Eskander**, *Toronto* (2017-20)  
Undergrad Education – **Dr. Laurie McLean**, *Ottawa* (2017-20) & **Dr. Adrian Gooi**, *Vancouver* (2017-20)  
Women-in-Otolaryngology – **Dr. Danielle MacNeil**, *London* (2017-20)  
2020 Local Arrangements – **Dr. Greg Thompson**, *Fredericton* (2019-20)

### SPECIAL INTEREST GROUPS

Endocrine Surgery – **Dr. Jeff Harris**, *Edmonton* & **Dr. Rick Payne**, *Montreal*  
Facial Plastic & Reconstructive Surgery – **Dr. Corey Moore**, *London*  
Canadian Association of Head and Neck Oncology – **Dr. Hadi Seikaly** & **Dr. Dan O'Connell**, *Edmonton*  
Laryngology – **Dr. Karen Kost**, *Montreal*  
Otology/Cochlear Implants – **Dr. Alan Ho**, *Edmonton* & **Dr. David Morris**, *Halifax*  
Pediatric Otolaryngology – **Dr. Paolo Campisi**, *Toronto*  
Quality & Safety – **Dr. Ian Witterick**, *Toronto*  
Rhinology/Sinus Disease – **Dr. Yvonne Chan**, *Toronto* & **Dr. Shaun Kilty**, *Ottawa*  
Sleep – **Dr. Brian Rotenberg**, *London* & **Dr. Jason Chau**, *Calgary*



Women-in-Otolaryngology

## Wrap-up 73<sup>rd</sup> Annual Meeting

Thank-you everyone who attended the meeting in Edmonton this past June, all 381 registrants, their partners and children plus our exhibitors and sponsors. Over 500 in total. What a meeting it was! I will remember it through several words that include music, mentorship, motivation, rappers, reconciliation, fighter jets, whiskey, Purolator, Presidential walk, piano playing, songs and socks!

The talks from our honored guests, Juan Ospina (Guest of Honour), Derald Oldring and Murray Morrison (Lifetime Achievement Awardees) and Joe Chen (Celebrating Our Own Recipient) were touching, historical and informative. The presentations of the three plenary speakers, Charles Limb, Jameel Janjua and Nadine Caron individually and collectively were truly remarkable. Vincent Lin in his first run as Scientific Program Chair put together an excellent academic and stimulating three days. The Local Committee of Eddie Eksteen and Donna Carter was second to none. The Welcoming Reception highlighted what Edmonton offers and the beer tour on Monday I understand was great. However, the Presidents Banquet, with the Presidential Walk honouring former Presidents of our society, will be a legacy as this will be at future annual meetings.

On the business front, I take pride to have presided over the Annual Council Meeting of the CSOHNS where we endorsed the Position Statement of the *Canadian Doctors for Protection from Guns* organization, which promotes the reduction of firearm injuries and death in Canada.

No meeting can take place with the help of Donna, Kim, Mary Beth and Mary Jane who did an outstanding job under challenging circumstances when all the meeting supplies arrived as the meeting was ending!

It has been a true honour to serve as President this past year and on council for the past 10 years. I look forward to my role as Past President and I wish Ian Witterick our current President, all the best over the coming year and for Fredericton next June. I hope to see you all in New Brunswick.



Sincerely yours,  
Fred  
Frederick K. Kozak, MD FRCSC  
President, CSOHNS 2018-2019



Frederick Kozak & Lorna Hruby



Frederick Kozak & Brian Westerberg



Ian Witterick, Mark Taylor & Karen Kost

## Lifetime Achievement Award



Derald Oldring, Kelowna



Murray Morrison, Chilliwack

Congratulations to **Dr. Derald Oldring, Kelowna, BC** and **Dr. Murray Morrison, Chilliwack, BC**, the recipients of the 2019 CSOHS Lifetime Achievement Award.

This award was established in 2013 and presented at the discretion of the President each year to a Society member who has demonstrated exceptional service and leadership in the specialty of otolaryngology-head and neck surgery throughout their career.

Information for all other Society awards can be found at [www.entcanada.org/fellowships-awards/awards-grants/](http://www.entcanada.org/fellowships-awards/awards-grants/)

## 2019 Awards

Dr. Danielle MacNeil, London, ON  
Awards Committee Chair

The Society would like to extend congratulations to all this year's awards winners—

### 2019 Poliquin Resident Research Competition

#### Outstanding Research Award Winner

**Dr. Marco Mascarella, McGill University**

*"Head and Neck Surgery Risk Index: Predicting 30-day Postoperative Major Adverse Events"*



Marco Mascarella, Montreal

#### Research Award Winners

**Dr. Nathan Yang, Université de Montréal**

*"Rapid Tissue Identification in Thyroid Surgery Using Optical Coherence Tomography"*

**Dr. Priya Sivarajah, University of Alberta**

*"Association Between Frailty Status and Post-operative Morbidity and Mortality Among Head and Neck Cancer Patients: A Prospective Cohort Study"*

**Dr. David Forner, Dalhousie University**

*"Turn Analysis and Patient Centeredness in Pediatric Otolaryngology Surgery Consultations"*



Priya Sivarajah, Edmonton



David Forner, Halifax



Nathan Yang, Montreal

### 2019 Poster Prize

**1<sup>st</sup> Place—Ms. Kara Ruicci, Drs. John Yoo, Kevin Fung, Danielle MacNeil, John Barrett, Paul Boutros, Laurie Ailles, and Anthony Nichols, University of Western Ontario**

*"A Controlled Trial of HNSCC Patient-derived Xenografts Reveals Broad Efficacy of P13K-alpha Inhibition in Controlling Tumor Growth"*



Kara Ruicci, London

**Runner Up—Mr. Kaishan Aravinthan, Drs. Russ Murphy and Anil Sharma, University of Saskatchewan**

*"Role of ENT Resource Nurses on Operating Room Efficiency: A Retrospective Chart Review"*



## FINAL Call for Abstracts—December 1, 2019

### 74<sup>th</sup> Annual Meeting, June 6—9, 2020 FREDERICTON, NB

The Scientific Program Committee is now accepting submissions for the 74<sup>th</sup> Annual Meeting. Abstracts for the **General Scientific Program** and the **Poliquin Competition** will only be accepted via the ONLINE form. Visit the Society's website at <https://www.entcanada.org/news-events/> for instructions and submission form.

If you have any questions, contact the office at [csso.hns@symptico.ca](mailto:csso.hns@symptico.ca).

## 2019/2020 Canadian Fellowship Awards

Congratulations to Dr. Justin Lui from the University of Calgary and Dr. Yelda Jozaghi from the University of Toronto, the recipients of this year's Canadian Fellowship Awards. Dr. Lui is doing work in neurotology at the University of Toronto. Dr. Jozaghi is doing her fellowship in head and neck oncology at MD Anderson, University of Texas. Below you will find an update from Dr. Jozaghi—



Yelda Jozaghi, Toronto

I would like to sincerely thank the Canadian Society of Otolaryngology, Head and Neck Surgery for their support.

I have completed the first four months of my fellowship in Head and Neck Surgical Oncology at MD Anderson Cancer Center. The experience has been phenomenal.

Surgically, clinically, and from a research standpoint, they are pushing the boundaries for Head and Neck Surgical Oncology. I feel privileged to have the chance to work in this space.

I am being exposed to the breadth of head and neck surgical oncology including head and neck mucosal disease, salivary, airway, skull base, robotics, and endocrine surgery daily. I am witnessing advances in research and ongoing trials making a tangible difference for patients. Patients who would have otherwise been palliated, are now becoming surgical candidates. The advance in immunotherapy is changing the landscape of options a patient can be offered. Just a few years ago, the thought of meaningful survival for patients with anaplastic thyroid cancer, let alone the thought of surgery for them would have been dismissed. During my time here, I have seen patients respond to neo-adjuvant therapies and go onto surgery with tentatively good post-operative outcomes.

In short, the head and neck surgical oncology team here is moving the dial on what can be done for our patients. I find this incredibly exciting.

As for the city of Houston, I love it here. People are kind, charming, and forthright. They get straight to the point, and they know how to enjoy life. I have felt a truly welcoming sense of hospitality here. The southern charm is rubbing off on me. I'll be bringing some of it back home with me to Canada.

Yelda Jozaghi, MD, FCRSC

### Important Deadlines

**December 1, 2019**—Papers, posters, workshops, Poliquin Competition and Hodge Award abstracts.

**December 31, 2019**—Electronic copy of the completed manuscript for the Hodge Award; Poliquin Abstract withdrawal (without penalty);

**April 8, 2020**—Poliquin Competition completed manuscripts;

**April 15, 2020**—Final format in MS PowerPoint for Poster Prize;

### 2020 Fellowship Application

For 2020, two undesigned fellowship grants of up to \$25,000 each, will be available contingent on the Fund's capacity. Applications are due by **February 15, 2020**.

To read the full instructions and download the application form visit the Society's website—"Awards" section.



Justin Lui, Calgary

## Things To Do In Vancouver

- Cycling in Stanley Park
- Walking/running the seawall
- Grouse Grind/Skytram to Grouse Mountain
- Capilano suspension bridge/skywalk
- Kayaking in English Bay
- Whale watching / wildlife viewing
- Culinary tours, restaurant dining
- Wine, breweries, bars
- Cruises to Alaska up the Inside Passage
- Fishing / hiking
- Rocky Mountaineer train through the Rocky Mountains

## WEBSITE

[www.ifos2021vancouver.com/](http://www.ifos2021vancouver.com/)



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Hosted by  
 Canadian Society of  
Otolaryngology  
Head and Neck Surgery

# IFOS 2021 WORLD CONGRESS

Dr. Brian Westerberg, Vancouver, BC  
President

“Globalization in Healthcare”

**Recently, Dr. Westerberg was interviewed by ENT & Audiology News magazine to find out more about the upcoming congress taking place in Vancouver 19-23 June 2021. Here’s an excerpt—**

**“Tell us about the innovations you are hoping to bring o IFOS in Vancouver.**

If the meeting in Vancouver is the same as any other meeting but just in a different venue, we will be disappointed.

We will build on the green theme we promoted during our bid: the Vancouver Convention Centre is Leadership in Energy and Environmental Design (LEED) platinum certified; utensils, cutlery and cups will all be compostable; minimal material will be published, instead we will use electronic means of disseminating information whenever possible; plenary speakers with a passion for changing our path towards global climate change will be solicited; if possible, guest speakers may be linked in by videoconference to minimise environmental impact of travel; and exhibitors will be challenged to compete for the greenest booth prize.

The theme of ‘Globalisation’ will be pervasive in the meeting; the connecting of individuals from around the world with each other; sharing of technological advances in patient care from one part of the world so all may benefit; improving access to care and challenging international companies to help in this goal.

There are many controversies in our profession and in our specialty. We will use debate formats to explore these controversies in an engaging format, probably utilising the exhibitor space in the convention centre and perhaps soliciting opinions from our industry partners.

**Have you fixed any keynote speakers?**

We are currently identifying themes that are relevant to practising otolaryngologists, who are surgeons but who are also professionals and members of society. The topics will not all be ENT-specific, but rather more general in nature and highly relevant to us, who we are and what we do. For instance, general topics identified include: the role of artificial intelligence in society today and how it will impact healthcare; climate change and how we are going to change it; indigenous people’s position in countries around the world; the role of scientific journalists in improving access and quality of healthcare.

**How will you be integrating the various national ENT bodies from around the world?**

The official language of the conference will be English. However, there likely will be sessions in French as well as Spanish, perhaps given by the same speakers in English in a different section of the programme if they are fluent in both languages.

**You are hosting the congress in one of the most attractive cities in the world - what is planned for the extra-curricular activities?**

First and foremost, Vancouver is a fantastic city to explore with your family. We strongly encourage attendees to bring their family and stay for a few days before or after the meeting to enjoy the city and everything it has to offer.



Beaverbrook Art Gallery

## 2020 Annual Meeting—FREDERICTON, NB Popular Sights to See

**Fredericton Boyce Farmers Market**—Open every Saturday morning, the market is a lively, colourful spot! It has been named one of the ten best Farmers Markets in Canada and is a cornucopia of meats, vegetables, baked goods, maple products and ethnic foods; a treasure-trove of art, crafts, jewellery, and flowers. It pre-dates the city's founding. In 1785, residents petitioned the governor to create a townsite – a prerequisite for holding a market. The Market building was constructed in 1951. A bequest of \$40,000 from the estate of Walter W. Boyce, a prominent local businessman, got the project off the ground. Open Saturdays, 6 a.m.-1 p.m.

**Beaverbrook Art Gallery**—This Gallery houses one of Canada's most impressive and varied art collections. The International Wing includes a collection of masterworks by artists such as Lucian Freud, J. M.W. Turner, and Eugène Boudin, while in the Canadian and Atlantic Galleries, you can see works by Mary Pratt, Emily Carr, Bruno Bobak and Molly Lamb Bobak, as well as the Wolastoqiyik Grandfather Akwiten canoe. **Must-see:** Explore the expanded pavilion, and take in the breathtaking view of Salvador Dali's 4-metre-tall *Santiago el Grande*. Open Monday—Saturday, 10 a.m. to 5 p.m. – with admission by donation on Thursday evenings, 5 to 9 p.m. and 12 noon to 5 p.m. on Sundays.

**Historic Garrison District**—This National Historic Site is Fredericton's premier heritage and festival centre. The beautiful riverside site recalls all the drama and glory of Fredericton's past as a garrison town. The Garrison is a centre for heritage, culture, craft and entertainment. Experience the attractions, tours and daily free entertainment including the Changing of the Guard, tours, concerts, live theatre, outdoor films and gift shops all in one extraordinary place!

**Odell Park and Arboretum**—One of Canada's Best Old Growth Forests Odell Park is a 333-acre, year-round park within the heart of Fredericton. There are 16 km of trails winding their way through a varied forest. Some of the trees in the park are more than 400 years old! The park is also home to the **Odell Arboretum**. It was built in 1985 and features examples of every native New Brunswick tree species. For more information about things to do in Fredericton visit:

<http://www.tourismfredericton.ca>



Old Government House



Boyce Farmers Market



Historic Garrison District



## Young Otolaryngologist—IFOS

Dr. Paul Hong, Halifax, NS  
Dr. Leigh Sowerby, London, ON

Dear Colleagues,

During the IFOS meeting held in Paris in June 2017, the “Young Otolaryngologists Group” was created. It targets young ENT physicians, aged 30 to 45, enrolled in an academic career or ongoing education, across the world and ENT subspecialties.

### The Next IFOS World Congress in Vancouver

The YO-IFOS group will actively participate to the preparation of the scientific program for the next IFOS meeting in Vancouver on June 19-23, 2021.

As of today, we invite you to submit any ideas or topics you would like to be included in the program. **Submit your ideas to—**<https://www.voifos.com/ideas-box>

### Become a Member

If you are interested in being part of this wonderful adventure, you can enroll and become an active member of our group. You will receive an official certificate of membership. Visit our website at <https://www.voifos.com/> and click on “Join Us”.

If you are over the age of 45, we would be very grateful if you could forward this opportunity to your colleagues.

Natacha Teissier (Paris, France), General Secretary  
Nicolas Fakhry (Marseille, France), President

## Upcoming Society Positions for 2020/2021

The following positions are open for nominations—

- 2nd Vice-President elect (2024 AGM)
- Treasurer
- Regional Representatives for Newfoundland, New Brunswick, Prince Edward Island, Quebec & British Columbia
- Electronic Media Editor
- First 5-Years in Practice
- Industry Liaison
- Resident Representative
- Representative to the CMA
- Research co-Chairs
- Undergraduate Medical Education co-Chairs
- Women-in-Otolaryngology Chair

Positions will be decided during the business meeting at the Fredericton Annual meeting, June 9, 2020. Interested individuals should send a CV along with a letter explaining why they would be right for the position. Submissions can be emailed, faxed or mailed to: Dr. Frederick Kozak, Nominating Committee Chair, c/o CSOHNS,

### Important

**Deadline for Nominations**  
— **APRIL 30<sup>th</sup>, 2020.**

Contact the Society's office at  
519-846-0630 /  
[cs.o.hns@symptico.ca](mailto:cs.o.hns@symptico.ca) for more  
information.



## Canadian Otolaryngology-Head and Neck Surgery Fund

Our sincerest thanks go to all those members who have donated to the Fund over the years. We have now surpassed the \$1 million mark thanks in great part to the ongoing generosity of our members. Donations from the membership remain critical to the sustainability of the Fund's various programs including the Canadian Fellowship Award, the Mini-fellowship and Global Outreach programs. We hope you will continue to give through the "Circle of Platinum, Gold, Silver and Bronze Donors". Donations can be allocated toward OHNS outreach, fellowship grants or general gift. Each year contributions of \$1,000 will be acknowledged with a certificate at the annual meeting and a special lapel pin will be presented to those who have donated \$5,000 or more.

Members can now go online to give through **CanadaHelps**, a Canadian platform for donating and fundraising online. You can either go to the "COHNS Fund" section of the Society's website and click on the donation link. ([www.entcanada.org/cohns-fund/](http://www.entcanada.org/cohns-fund/)) or go directly to [canadahelps.org](http://canadahelps.org). Type in "otolaryngology" in the search bar, then click on the Society's logo. A receipt will automatically be sent to your email once a donation has been made.

### COHNS Fund Executive

#### PRESIDENT

TBA

#### VICE-PRESIDENT

Dr. Doug Angel, St. John's

#### SECRETARY/TREASURER

Dr. Leigh Sowerby, London

#### BOARD MEMBERS:

Dr. Andrea Darnbrough, Winnipeg

Dr. Gigi Osler, Winnipeg

Dr. John Yoo, London

*Members can donate online to the Fund through [CanadaHelps.org](http://CanadaHelps.org).*

## What is Otolaryngology-Head and Neck Surgery?

Dear Colleagues,

The name of our specialty is challenging to repeat, and the breadth of our practice is underestimated. We've created a patient education video entitled "**What is Otolaryngology-Head and Neck Surgery**" - a short, light-hearted animated video that captures the multi-faceted nature of our specialty. We are hoping to showcase this to patients, medical students, family, friends and anyone else who may not truly understand what we do every day.

Feel free to share this on your respective websites, social media or beyond. Please feel free to contact us if you have any feedback!

Thank you to the *Harry Barberian Scholarship Fund* for supporting this project.

Drs. Josie Xu, Neil Arnstead and Justin Cottrell  
University of Toronto  
Resident Physicians



Video link: Visit the Society's website [www.entcanada.org](http://www.entcanada.org) under the "News" section.

## Job Ads

If you wish to advertise a position on the Society's website please send your ad to the CSO HNS office at—

[cs0.hns@sympatico.ca](mailto:cs0.hns@sympatico.ca).

Typically, they are posted for a period of three months and circulated in appropriate Society eblasts to the membership.

## Laryngology Fellowship

We have an unexpected opening in our Laryngology Fellowship Program for the Academic Year 2020-21 at the New York Center for Voice and Swallowing Disorders. If you are interested in this position, please contact **Dr. Andrew Blitzer** at [AB1136@aol.com](mailto:AB1136@aol.com). We will need a CV and 2 letters of reference including one from the chairman of your department.

## Sponsors



## Upcoming CPD Events in Canada

### 13<sup>TH</sup> ANNUAL OTOHNS REVIEW COURSE

**DALHOUSIE UNIVERSITY / UNIVERSITY OF CALGARY**

**January 6 – 11, 2020, Hotel Arts, CALGARY, AB**

This **Review Course** is for residents nearing the end of their training with a goal of preparing for the board exam, and for practising **otolaryngologists** seeking a thorough **review of contemporary Otolaryngology-Head and Neck Surgery**.

Contact Jenn Coish at [annualotolaryngologyreviewcourse@hotmail.com](mailto:annualotolaryngologyreviewcourse@hotmail.com)

### SAVE THE DATE

**University of Toronto, TORONTO, ON**

**February 21, 2020—Rhinology Update**

**February 22, 2020—18<sup>th</sup> Annual Otolaryngology Update**

**May 7 & 8, 2020—29<sup>th</sup> Annual Percy Ireland Academic Day and Dinner**

### SAVE THE DATE

**March 20—22, 2022**

**24<sup>th</sup> Annual McGill University**

**Update in Otolaryngology-Head and Neck Surgery**

**MONT TREMBLANT, QUÉBEC**

## 2019 AGM Sponsors

Our sincere thanks to the following companies for their generous support of the 73<sup>rd</sup> Annual Meeting, Edmonton—

### PLATINUM

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**Covis Pharmaceuticals • Ethicon Surgical Care**

**Med-El • Mylan Pharma • T.B. Clift • Zeiss Canada**

Donations are accepted in the form of unrestricted educational grants.



## BACO International 2020—July 8 to 10, 2020

Since its inaugural conference in 1963, the **British Academic Conference of Otolaryngology (BACO)** has become the UK's largest academic ENT event, and the primary showcase of developments and advances in British and Irish Otolaryngology. **BACO 2020** will be held in **Birmingham**, and will bring together some 2,000 ENT doctors, nurses, specialist consultants and care professionals for an **exciting three-day programme of keynote, plenary and instructional, and live cadaveric sessions**. Each of these events will be delivered by a rollcall of fantastic speakers and participants from across the UK and around the world, including the University of Cape Town's Johan Fagan, Gigi Ostler of the University of Manitoba, Markus Hess from the University Medical Center Hamburg-Eppendorf, Luiz Kowalski of Universidade Federal do São Paulo, Harvard Medical School's Reza Rahbar, Eben Rosenthal of the Stanford Cancer Center, and Sarah Wise of Emory University, Atlanta.

As well as **keynote lectures** by these and a host of other great speakers, the schedule will include a series of **symposia** on controversies, innovations, important topics and new developments; **update sessions** exploring the latest information on ENT surgery; a **round-table discussion** and **panel** on difficult cases; **debates**; lunch with the experts; **instructional courses**; **video sessions** exploring tips and tricks of surgery; **live cadaveric sessions**; a **unique live musical session** exploring the perception of music. There will also be an extensive **trade exhibition** and **poster display**, and unrivalled opportunities for **networking** and **socialising with friends** old and new.

It is also worth bearing in mind that the BACO executive have this year prioritized a **reduced registration fee** – those attendees who are BACO regulars will certainly notice the difference!

### Key dates:

|   |                     |
|---|---------------------|
| Early-bird registration opening:            | October 2019        |
| BACO Party registration opening:            | October 2019        |
| Award nominations opening:                  | 24th October 2019   |
| Fellowship applications closing:            | 2nd December 2019   |
| Deadline for submission of abstracts:       | 11th December 2019  |
| Submission results communicated to authors: | late February 2020  |
| Early-bird registration deadline:           | 17th April 2020     |
| Awards Closing:                             | 26th April 2020     |
| BACO 2020:                                  | 8th -10th July 2020 |

Canadian and American colleagues receive £100 discount on registration: <https://www.baco2020.org/register-now>

### Contact:

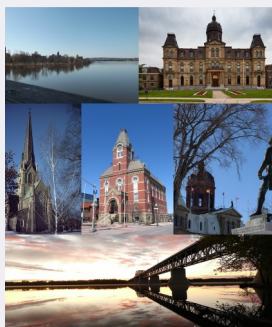
For more information, please visit the [BACO 2020 website \(https://www.baco2020.org/\)](https://www.baco2020.org/) Alternatively, you can contact us on 020 7611 1737, or by email [Baco2020@entuk.org](mailto:Baco2020@entuk.org).

BACO Abstract Submissions Deadline—  
December 11, 2019

Only **49 days** left until the Abstract submissions deadline for BACO 2020 Don't miss out on your chance to showcase your work at an international academic conference!

[@ENT\\_UK](https://baco2020.org/submit)  
[@AAOHNS](#)  
[@SFO\\_ENTUK](#)  
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## 74<sup>th</sup> CSOHNS Annual Meeting



*"Looking forward to seeing  
you in beautiful Fredericton."*

**June 6—9, 2020  
Fredericton Convention Centre  
Crown Plaza Hotel /  
Hilton Garden Inn Hotel  
FREDERICTON, NB**

### **"Excellence and Quality in Otolaryngology-Head & Neck Surgery"**

President

**Dr. Ian Witterick, Toronto, ON**

Local Arrangements Chair

**Dr. Greg Thompson, Fredericton, NB**

Scientific Program Chair

**Dr. Vincent Lin, Toronto, ON**

Invited Guests

**Dr. Rick Chandra, Nashville, TN**

**Dr. Philip Chen, New York, NY**

**Dr. Bryan McIver, Tampa, FL**

**Dr. Brian Nussenbaum, Houston, TX**

**Dr. Gregory Randolph, Boston, MA**

**Dr. Jatin Shah, New York, NY**

**Dr. Ashok Shaha, New York, NY**

**Dr. Russell Smith, Jacksonville, FL**

Guest of Honour

**Professor Dan M. Fliss, Tel Aviv, Israel**

Pre-Convention Courses

Friday, June 5

**American College of Surgeons Certification in Head & Neck / Thyroid Ultrasound**

Friday, June 5 & Saturday, June 6

**Endoscopic Ear Surgery Dissection**

**Masterclasses in Endoscopic Sinus Surgery Dissection**

Saturday, June 6

**Endoscopic Thyroid Oncology Meeting**

Visit the 'Upcoming Annual Meeting' section of the website early in the new year for all the details.

Canadian Society of  
Otolaryngology-Head and Neck  
Surgery

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