



The Newsletter

Message from the President

Dear Colleagues and Friends,

"I feel this weight on my shoulders."

I can't count the number of times I have said and heard this statement over the past two years. I am sure you have as well.

The source of the weight is often tangible: the extra protocols in place in the operating room; the extra cleaning between patients in the clinic; the inherent inefficiencies introduced; the number of patients intubated in ICU's; the ever-climbing death toll during this pandemic.

However, often the source of the weight is intangible, at least to me. And that is what I think I have found most troubling. Whereas previously always effective in lifting my spirits, time on the bike does not seem to help as much.

We tell ourselves: "We are healthy when many are not." "We have a steady job when many do not." But "I'm languishing" is the new response to "How are you?", not clinically depressed but definitely lacking our usual enthusiasm.

Health care professionals are a resilient group as well. Witness the coming together of medical doctors, nurses, respiratory therapists, physiotherapists, community health workers, hospital aids - and members of the public - to meet an unprecedented challenge. And we met that challenge admirably.

What has helped us through these times? I can tell you a few from my side.

We have a highly cooperative and collegial membership connected through our Canadian Society. Certainly, having Dr. Ian Witterick as the President of our Society during the past two years (twenty-five and a half months he would correct me) has helped us all immensely. His leadership in pulling together guidelines for providing routine care and for the safe management of COVID positive patients was invaluable. His calm, thoughtful demeanor comforted us all. We could not have asked for a better Leader during these turbulent times. Although his leadership was acknowledged during our virtual Annual Meeting, I will say again on behalf of all members of our Society a huge thank you to you, Dr. Witterick. The debt owed to you by our members can never be repaid.

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Special points of interest

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"Equity, diversity and inclusion, although improved, is not yet a reality within our Society and demands further attention."



Welcome

Continued from page 1

Thinking at a CSOHNS level, we have much work cut out for us over the next year:

- Clinical practice guidelines need further refinement and lessons learned during COVID-19 need to be amalgamated for (heaven forbid) the next pandemic. We will be reaching out to those involved in the creation of the guidelines already developed to see if an update is required.
- Equity, diversity and inclusion, although improved, is not yet a reality within our Society and demands further attention. This will be front and centre at IFOS (see below), but as an organization, we all benefit from greater diversity; this needs to be part of everything we do and everything we are at the CSOHNS.

In person meetings remain a challenge, and yet we need to plan the World Congress IFOS meeting in Vancouver for June 18-21, 2022. A decision on what format and how the meeting will take place will be made later this year but with ample time to allow for a successful conference. The conference theme, "Globalization of Healthcare", was unquestionably prescient, being defined before the global events of the pandemic. Many of you have volunteered already to help. If you wish to be involved at any level email me at Westerberg@IFOS2022Vancouver.com.

These are tangible issues we can focus on. And we have the ability and expertise in each of us to address them, head on, successfully. If you are like me, when you get that heavy feeling, the best way to rid yourself of it, is to address the issues that are contributing to it. And we can. One success will build on another until once more, when we next meet in person as a Society, these times, and these feelings, will be but a distant memory.

Thank you for the opportunity to be your President of our Canadian Society of Otolaryngology-Head and Neck Surgery. We will move forward, together.

Brian D. Westerberg
President 2021/2022

New Council and Committee Chairs

COUNCIL

Dr. Vincent Lin, Toronto, ON (Secretary-Elect)

Dr. Chris Diamond, Vancouver, BC (Representative for British Columbia)

2nd Terms:

Dr. Paul Hong, Halifax, NS (Representative for Nova Scotia)

Dr. Alfredo Campos, Summerside, PE (Representative for PEI)

COMMITTEE CHAIRS

Dr. Kevin Higgins, Toronto, ON (Global Health)

Dr. Brian Rotenberg, London, ON (Canadian Program Directors)

2nd Terms:

Dr. Dan O'Connell, Edmonton, AB (Canadian Fellowship Award)

Dr. Yvonne Chan, Toronto, ON (Continuing Professional Development)

Dr. Vincent Lin, Toronto, ON (Scientific Program Chair)

Dr. Danielle MacNeil, London, ON (Women-in-Otolaryngology)

New Council and Committee Chairs 2021/22

EXECUTIVE COUNCIL

President—**Dr. Brian Westerberg**, Vancouver, BC (2021-22)
Immediate Past-President—**Dr. Ian Witterick**, Toronto, ON (2021-22)
1st VP—**Dr. Hadi Seikaly**, Edmonton, AB (2021-22)
2nd VP—**Dr. F. Gigi Osler**, Winnipeg, MB (2021-22)
2nd VP Elect—**Dr. Sam Daniel**, Montréal, QC (2021-22)
Secretary—**Dr. Jodi Jones**, Winnipeg, MB (2018-22)
Secretary-Elect—**Dr. Vincent Lin**, Toronto, ON (2021-22)
Treasurer—**Dr. Paolo Campisi**, Toronto, ON (2021-25)

REGIONAL REPRESENTATIVES

Newfoundland—**Dr. Jamie Tibbo**, St. John's (2020-24)
New Brunswick—**Dr. Morgan Langille**, Saint John (2020-24)
Nova Scotia—**Dr. Paul Hong**, Halifax (2021-25)
Prince Edward Island—**Dr. Alfredo Campos**, Summerside (2021-25)
Quebec—**Dr. Sophie Lachance**, Québec (2018-22) & **Dr. Mathieu Bergeron**, Montréal (2020-24)
Ontario—**Dr. Michael Brandt**, Toronto (2018-22) & **Dr. Kevin Higgins**, Toronto (2019-23)
Manitoba—**Dr. Andrea Darnbrough**, Winnipeg (2018-22)
Saskatchewan—**Dr. Anil Sharma**, Saskatoon (2018-22)
Alberta—**Dr. Rob Seemann**, Edmonton (2018-22)
British Columbia—**Dr. Chris Diamond**, Vancouver (2021-25)

COMMITTEES

Awards—**Dr. Danielle MacNeil**, London, ON (2021-24)
Bylaws—**Dr. Trina Uwiera**, Edmonton, AB (2021-24)
Canadian Fellowships—**Dr. Dan O'Connell**, Edmonton, AB (2021-24)
Canadian Program Directors—**Dr. Brian Rotenberg**, London, ON (2021-24)
COACH—**Dr. Desmond Nunez**, Vancouver, BC (2019-22)
Collaborative Research—**Dr. Tony Eskander**, Toronto, ON (2020-23)
CPD—**Dr. Yvonne Chan**, Toronto, ON (2021-22)
Co-editors—**Dr. Doug Chepeha**, Toronto, ON (2017) & **Dr. Brian Rotenberg**, London, ON (2019)
Electronic Communications—TBA
Ethics/Nominating—**Dr. Ian Witterick**, Toronto, ON (2021-22)
First 5-Years in Practice—**Dr. Nico Moolman**, Halifax, NS (2020-23)
General Otolaryngology—TBA
Global Health—**Dr. Kevin Higgins**, Toronto, ON (2021-24)
Historian—**Dr. Paolo Campisi**, Toronto, ON (2019-22)
Industry Liaison—**Dr. Dan O'Connell**, Edmonton, AB (2020-23)
Physician Resources—**Dr. Rick Jaggi**, Saskatoon, SK (2019-22)
Quality & Safety—**Dr. Danny Enepekides**, Toronto, ON (2020-23)
Resident Representative—**Dr. Palak Suryavanshi**, London, ON (2020-23)
Representative to the CMA—TBA
Representative to IFOS—**Dr. Gigi Osler**, Winnipeg, MB (2021-22)
Representative to the Royal College—**Dr. Erin Wright**, Edmonton, AB (2021-2024)
Scientific Program—**Dr. Vincent Lin**, Toronto, ON (2021-22)
Undergrad Education—**Dr. Josee Paradis**, London, ON & **Dr. Nael Shoman**, Halifax (2020-23)
Women-in-Otolaryngology—**Dr. Danielle MacNeil**, London, ON (2020-23)

SPECIAL INTEREST GROUPS

Endocrine Surgery—**Dr. Rick Payne**, Montreal, QC
Facial Plastic & Reconstructive Surgery—**Dr. Michael Brandt**, Toronto, ON
Canadian Association of Head and Neck Oncology—**Dr. John Yoo**, London, ON
Laryngology—**Dr. Karen Kost**, Montreal, QC
Otology/Cochlear Implants—**Dr. Alan Ho**, Edmonton, AB & **Dr. David Morris**, Halifax, NS
Pediatric Otolaryngology—**Dr. Paolo Campisi**, Toronto, ON
Rhinitis—**Dr. Chris Chin**, Saint John, NB & **Dr. Leigh Sowerby**, London, ON
Sleep Surgery—**Dr. Brian Rotenberg**, London, ON & **Dr. Jason Chau**, Calgary, AB

Our sincerest thanks to all
those individuals who
volunteer their time and
expertise to the Society.



A special thank-you to the members
of the **Royal College Examining
Board** and the **Collège des Médecins
du Québec** for their work and dedica-
tion to Otolaryngology-Head and
Neck Surgery.

2022 Canadian Organizing Committee

DR. BRIAN WESTERBERG,
University of British Columbia
President

DR. FREDERICK KOZAK,
University of British Columbia
Vice-President / Scientific
Program Chair

DR. IAN WITTERICK,
University of Toronto
Vice-President, Finance

DR. PAOLO CAMPISI,
University of Toronto
Chief Financial Officer/Congress
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University of Manitoba
CPD / Digital Media

DR. ADRIAN GOOI,
University of British Columbia
Digital Media

DR. YVONNE CHAN,
University of Toronto
CPD

DR. DAN O'CONNELL,
University of Alberta
Corporate Liaison

DR. LIANE JOHNSON
Dalhousie University
Social Program

DR. PAUL HONG,
Dalhousie University
Youth IFOS Canadian Repre-
sentative

DR. LEIGH SOWERBY,
Western University
Youth IFOS Canadian Repre-
sentative



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IFOS 2022 World Congress June 18—21, 2022

Dr. Brian Westerberg, Vancouver, BC, Congress President
Dr. Fred Kozak, Vancouver, BC, Congress Scientific Program Chair

Message from the IFOS 2022 Scientific Program Chair

Just prior to the pandemic in late 2019, we were on our way to organizing IFOS Vancouver 2021. Careful selection of both the Canadian and IFOS/International Chairs and Co-Chairs had taken place. For the subspecialty areas, many committee members had been chosen along with topics and speakers. Of course, COVID-19 brought everything to a halt and out of respect for the safety and concern of the otolaryngology community across the world, it was inappropriate to proceed. We recognize that we are still not on our way back to normalcy and that many places throughout the world are still struggling to a very significant degree. However, we had to begin to plan once again. The logistics of organizing an international meeting when there are still unknowns are challenging. We hope to be able to have a hybrid meeting (combination of an in-person and virtual program) if allowed. Contingency plans are in order to deal with any issues that may arise due to the ongoing pandemic.

Subspecialty Otolaryngology Head and Neck Surgery Chairs and Co-Chairs as well as many of their committee members from Canada and internationally from around the world, are back working on topics and speakers to present at IFOS Vancouver 2022.

The areas that key leaders in their field will be presenting include Audiology, Education, Otolaryngology/Neurotology, Head and Neck Surgery, Sleep Medicine and Surgery, Pediatric Otolaryngology, Global Health, Laryngology/Phoniatry, Salivary Disease and Surgery, Vestibular Medicine, Facial Plastic Reconstructive Surgery, Physician Wellness/Health/Diversity, General Otolaryngology and Rhinology/Skull Base/Allergy.

The Three Main Plenary Session topics are:

- **A Planetary Panel on Climate Change;** Moderator: Dr. Courtney Howard, Emergency Physician, Community Research Fellow, Planetary Health, Doherty Institute for Global Health Research, York University
- **Diversity and its Role in Health Care;** Dr. Jocelyn Clark, Executive Editor, The Lancet
- **Deep Learning and Artificial Intelligence in Otolaryngology;** Confirmation of speakers pending.

Regardless of their area of focus, every type of otolaryngologist will undoubtedly enjoy these diverse areas that pertain to us all.

Many of the subspecialty areas in our field will also have the opportunity to showcase major topics of interest for attendees in Focused Plenary Sessions. Two examples that keep in mind the theme of IFOS Vancouver 2022 "Globalization of Healthcare" are:

- **"Cochlear Implantation and Other Assistive Listening Devices:** Reaching out to all parts of the world so they too can listen."
- **"Rhinology and Skullbase Disease:** The tried, the true and the new! Where best to be most effective, economical and safe."

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Building on past IFOS meetings and the experience of the many members of the scientific program committee, there will be ample opportunity to present in a variety of formats beyond the two types of plenary sessions mentioned above. These include Concurrent Sessions (Lectures, Instructional Courses/How I do it Workshops, Round Table/Panel Symposia, Great Debates/Controversies, International Consensus Conferences, Paper Sessions and Posters.)

As Scientific Program Chair, I look forward to presenting a tremendous program for my colleagues around the world, either in person or virtually.

Frederick Kozak

IFOS 2022 Vancouver Vice President
Scientific Committee Chair Canada



Did You Attend the 75th CSOHNS Annual Meeting?

September 17—19, 2021
“Equity, Diversity and Inclusion”

A Reminder that the Recorded Sessions are Now Available

For those who registered for the 2021 meeting, session recordings are available on the 2021 meeting portal for approximately the next 6-months. Log in to the portal as you would have for the live sessions by using the credentials provided during the annual meeting, or from the email sent to you on September 28. Watching the recorded sessions can earn you Section 2 MOC credit hours. For more information please visit <https://www.entcanada.org/learning/active-members/> and click on the “Section 2—Self Learning” tab.

Conference Evaluations

If you haven’t already done so, please take a moment to complete the Conference Evaluations. Your feedback helps our speakers create more impactful presentations and provides the Planning Committee with ideas for future meetings. Please see evaluation links below.

Meeting Overall: https://survey.ca1.qualtrics.com/jfe/form/SV_cGd3j30Q8fCqVG6

Day 1, Friday: https://survey.ca1.qualtrics.com/jfe/form/SV_6JXSLdS9dvNrRWu

Day 2, Saturday: https://survey.ca1.qualtrics.com/jfe/form/SV_esu8rhERCmMopOm

Day 3, Sunday: https://survey.ca1.qualtrics.com/jfe/form/SV_85QvSb2NIWRe7Q2

Certificates of Attendance and CPD Tracking

A reminder that certificates of attendance for the 75th Annual Meeting are not automatically generated. If you require a certificate, kindly indicate the LIVE sessions you attended on this document [Credits for 2021 AGM](#) (pdf) and return to cso1.hns@sympatico.ca. Keep a copy for your records.

Need more information on the Royal College’s Maintenance of Certification (MOC) Program? [Click here](#) for resources from the CSO website.

MOC information from the Royal College website can be viewed [here](#).





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Dr. Brian Rotenberg, London

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Journal of Otolaryngology-Head & Neck Surgery

Dr. Douglas Chepeha, Toronto, ON
Dr. Brian Rotenberg, London, ON
Co-Editors-in-Chief

We are very pleased to report that our Journal continues to thrive in 2021. Submissions have kept pace with 2020 which was a record-setting year for the publication. The current acceptance rate sits at 19% with a continued focus on strong science as the most important metric for acceptance. The 2-year Impact Factor has increased to 2.441 placing JOHNS 18th out of 44 OHNS journals, a tremendous achievement for the Journal, and placing us near the top of the second quartile for OtoHNS periodicals.

The backbone of JOHNS are the *Associate Editors* and *Reviewers*. We owe them a large debt of gratitude for their time, expertise and dedication to the journal. Another sincere thank-you must go to the *Social Media Team* who have been responsible for not only creating excellent visual abstracts but also getting the journal out on social media. It has brought increased visibility as well as added value for authors and readers. Don't forget to visit us on *Instagram* and *Twitter* @ENT_Canada.

Stay current with what's being published in otolaryngology and other medical / surgical specialties by subscribing to BioMed Central's *ToC Alerts & News Service*. To sign up, please go to <https://www.biomedcentral.com/login?journalId=40463&action=signup>. This link is also available on the journal's home page—<https://journalotohns.biomedcentral.com/>.

A reminder that there has been a change to the article publication charge (APC) for our members. The CSOHNS now subsidizes 50% of the APC (\$950 CAD). The change was necessary to help preserve the Journal's budget for original research articles and reviews submitted by active members. Please note that no other type of article will be covered by the Society. Members will be billed only after a manuscript has been accepted for publication. The article submission process remains unchanged. You still require the CSOHNS membership code on submission of your manuscript. This can be obtained by contacting the office at cso.hns@sympatico.ca.

The Journal remains healthy due to the quality of submissions and the support of the members of the Canadian Society of Otolaryngology - Head and Neck Surgery. We continue to rely and benefit from the support of our community and in turn your journal continues to be an instrument to showcase the quality of Canadian Otolaryngology-Head and Neck Surgery around the world. As the Editors-in-Chief, we appreciate the support of the Society and its members, and are always available to address any questions you might have.



Douglas Chepeha, Toronto, ON



Brian Rotenberg, London, ON

Top 10 Reviewers for the Journal (2020/2021)



Dr. Nael Shoman,
Dalhousie University
(26 manuscripts)



Dr. Trevor Lewis,
McMaster University
(18 manuscripts)



Dr. Chris Chin,
Dalhousie University
(23 manuscripts)



Dr. Michael Au,
University of Toronto,
(16 manuscripts)



Dr. David Forner,
Dalhousie University
(22 manuscripts)



Dr. Brian Blakley,
University of Manitoba
(16 manuscripts)



Dr. Jessica Clark,
University of Alberta
(21 manuscripts)



Dr. John Scott,
Dalhousie University
(16 manuscripts)



Dr. Laurent Fradet,
University of Alberta
(18 manuscripts)



Dr. Sarfaraz Banglawala,
University of Toronto
(13 manuscripts)

Let Us Know What You Think

2021 CSOHNS Membership Survey

Dear Members,

Congratulations to all members on an excellent showing at our recent Virtual Annual General Meeting. We are certainly hoping to be able to attend in person for *IFOS 2022* in Vancouver.

The CSOHNS is our Society. What makes it great are the members. As your society, we are continually striving to provide you with the benefits that mean the most to you. I would like to request that you take a moment to complete this very brief survey (5 minutes). Together with your regional representatives, we have attempted to capture the most important aspects of membership. Please feel free to share your thoughts on what the Society can do to best support its members. Thank you for your time and input!

[Survey Link](#)

Jodi Jones
CSOHNS Secretary

Read the Latest Journal Articles

"By setting a higher bar, our Journal continues to have strong science as its trademark."

View the Journal articles with their visual abstracts [HERE](#)





Keynote/EDI Speaker—
Dr. Evan Adams,
First Nations Health Authority



Guest—EDI Panelist
Dr. Lisa Robinson, University of Toronto



Guest—EDI Speaker
Dr. Amy Tan, University of British Columbia



Guest—EDI Speaker
Dr. Melaine Katsivo, Western University



Guest—Ultrasound Course Co-Chair
Dr. Susan Mandel, University of
Pennsylvania



Guest—Ultrasound Course Co-Chair
Dr. Lisa Orloff, Stanford University



Guest—CMPA
Dr. Janet Nuth, University of Ottawa

75th Virtual Annual Meeting Wrap-Up September 17—19, 2021

Thank-you to everyone who participate in our most recent virtual annual meeting. There was something for everyone and attendance was excellent with over 400 registrants from Canada, US and abroad.

There were many interesting and thought-provoking sessions and talks this year, including those related to the meeting's theme of "Equity, Diversity and Inclusion". These included the Keynote address by Dr. Evan Adams of the First Nations Health Authority and workshops *Courageous Conversations in EDI* (Drs. Gigi Osler, Lisa Richardson, Everton Gooden, Jane Lea and Evan Adams), *Equity, Diversity, Inclusion & Decolonization Issues in Healthcare* (Drs. Elise Graham and Melanie Katsivo), *WIO—Racism in Medicine* (Drs. Danielle MacNeil and Amy Tan) and *Trans Health* (Drs. Danielle MacNeil, J. Ward and Philip Solomon). Two presentations were given on virtual healthcare—*Medico-Legal Considerations with Virtual Care* (CMPA Dr. Janet Nuth), and *Pivoting to Virtual OHNS* (Dr. Janet Lazor, Ms. Susan Glover-Takahashi, and Dr. Karen Leslie).

The *Guest of Honour* was Dr. Karen Kost, a Past President of our Society and organizer and first Chair of the CSOHS Women-in-Otolaryngology Group. I was pleased to also honour Dr. Dominique Dorion as the *2021 Lifetime Achievement Award* recipient. Dr. Dorion is another Past President of our Society and current Dean of the Faculty of Medicine and Health Sciences Department at the Université de Sherbrooke.

New this year, the Chairs of our Subspecialty Interest Groups were asked to organize the content and speakers for their sessions spread throughout the scientific program. The topics and content were very interesting and thought provoking. Thank you to our subspecialty group leaders for their tremendous work in this regard. Thank you as well to the Poliquin Resident Research Competition judges led by Dr. Danielle MacNeil and congratulations to all the participants and mentors; the calibre of research being carried out across the country by our residents is excellent!

Our sincere appreciation goes to those individuals who organized the four courses built into the program this year—*Ultrasound* (led by Drs. Lisa Orloff and Susan Mandel), *Otolaryngology Simulation* (led by Drs. Vincent Lin, Justin Lui, Sumit Agrawal and H. Ladak), *Upper Aerodigestive Tract Endoscopy* (led by Drs. Paolo Campisi, Mark Felton, Lily Nguyen and Yvonne Chan), and the tele-simulation course in *Endoscopic Sinus Surgery* (led by Drs. Yvonne Chan, Mark Tewfik, Arif Janjua and Andrew Thamboo). The last two courses included an in-person, hands-on component that individuals could attend in Vancouver, Toronto, or Montreal surgical simulation centres.

Of course, a meeting such as this cannot happen without a team of people. Recognition must go to the Scientific Program Chair, Dr. Vincent Lin and CPD/CME Chair, Dr. Yvonne Chan for their expert guidance in helping to organize the meeting. A special shout out to Ms. Donna Humphrey and Ms. Kim Iverson for their magnificent support of this meeting and our society. As well, congratulations to the University of Toronto's CPD Department for providing exceptional technical support throughout.

Appreciation is extended to all our corporate sponsors. Without them we would be hard pressed to hold such successful annual meetings. Thank-you to our Platinum supporters *Karl Storz Endoscopy*, *Medtronic Canada*, *Merck Canada*, *Stryker Canada*, and *Sanofi Genzyme (Respiratory)*, Diamond supporter *Novartis Canada*, Gold supporters *Intergra Life*, *Pentax*, *Sanofi Genzyme (Immuno-Oncology)*, and *Smith & Nephew*, Silver supporters *Hearing Life*, *Olympus Canada* and *Viartis*, Bronze supporters *Cochlear Canada* and *KLS Martin* and supporter *Instrumentarium*. We value your participation and help.

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My sincere thanks to all the leaders in our society who guide our education, research and academic pursuits. I also want to thank all those who helped me during my last 2+ years as President, especially the army of volunteers who stepped up to help us through the pandemic. The experience has been interesting, challenging at times but overall, a true pleasure. It is so nice to have a network of otolaryngology friends and colleagues across Canada.

Drs. Westerberg and Kozak are planning the International Federation of Otorhinolaryngologic Societies' meeting in Vancouver from June 18-21, 2022, with the theme "Globalization of Healthcare". I hope we can all be there in person – stay tuned.

My very best wishes to Dr. Brian Westerberg as he starts his term as President of our society. We are in excellent hands with Dr. Westerberg and a pipeline of superb leaders from across the country.

It has been an honour! Thank you.

Ian

Ian Witterick
Immediate Past President



Dr. Ian Witterick
Immediate Past President



Dr. Vincent Lin
Scientific Program Chair



Dr. Yvonne Chan
CPD Committee Chair

With Much Appreciation!

The CSOHNS would like to thank all council and committee chairs who have completed their terms of office. We are grateful for your time and expertise. Without our volunteers, the Society could not function!

Council

Dr. Frederick Kozak, Vancouver, BC (Immediate Past President)

Dr. Paul Hong, Halifax, NS (Nova Scotia Representative)

Dr. Kristian Macdonald, Charlottetown, PE (Prince Edward Island Representative)

Committee Chairs

Dr. Yvonne Chan, Toronto, ON (Continuing Professional Development Chair)

Dr. Jane Lea, Vancouver, BC & **Dr. Leigh Sowerby**, London, ON (Global Health Co-Chairs)

Dr. Vincent Lin, Toronto, ON (Scientific Program Chair)

Dr. Danielle MacNeil, London, ON (Women-in-Otolaryngology Chair)

Dr. Laurie McLean, Ottawa, ON (e-Communication Chair)

Dr. Dan O'Connell, Edmonton, AB (Canadian Fellowship Award Chair)



Guest—Virtual Medicine
Jana Lazor, University of Toronto



Guest—Virtual Medicine
Dr. Susan Glover-Takahashi, University of Toronto



2021 Lifetime Achievement
Award—Dr. Dominique Dorion,
Université de Sherbrooke



Guest of Honour—Dr. Karen Kost,
McGill University





2021 Awards

Dr. Danielle MacNeil, London, ON
Awards Committee Chair

The Society would like to extend congratulations to all this year's awards winners—

2021 Poliquin Resident Research Competition

Outstanding Research Award Winner

Dr. Jennifer Siu, University of Toronto, Toronto, ON

"Development of a Neural Network Model to Predict Long-term Mortality in Patients Eligible for Tracheostomy in the ICU"



Jennifer Siu
Toronto, ON

Research Award Winners

Dr. Amr Hamour & Dr. John J.W. Lee, University of Toronto, Toronto, ON

"Development of a murine model for chronic rhinosinusitis"

Dr. Ryan Instrum, Western University, London, ON

"Does parathyroidectomy reverse mortality risk in patients with primary hyperparathyroidism? : A systematic review and meta-analysis"

Dr. Victoria Kuta, Dalhousie University, Halifax, NS

"Treatment choices in the management of Bethesda III and IV thyroid nodules: A multi-institutional study"



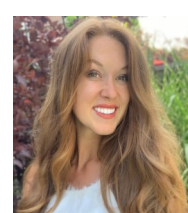
Amr Hamour
Toronto, ON



John Lee
Toronto, ON



Ryan Instrum
London, ON



Victoria Kuta
Halifax, NS

2021 Poster Prize

Winner

Sarah Tadhg Ferrier, Anthony Zeitouni, Nader Sadeghi, Thupten Tsering, Julia Burnier, McGill University, Montreal, QC

"Liquid Biopsy for Monitoring HPV-Related Head and Neck Cancer"



Sarah Tadhg Ferrier
Montreal, QC

Honourable Mentions

Morgan Young-Speirs, Ashley Hinthner, Derick Randall, University of Calgary, Calgary, AB

"Tendency for long-term opioid use and related complications following tonsillectomy in a large population-based cohort"

Hugh Kim, Alana Sorgini, Danielle MacNeil, Adrian Mendez, John Yoo, Kevin Fung, Krupal Patel (Tampa, FL), **John Bartlett, Anthony Nichols**, Western University, London, ON

"Head & Neck Cancer with Adverse Pathological Features Carry Specific Molecular Changes Associated with Survival"

2021/2022 Canadian Fellowship Awards

Dr. Dan O'Connell, Edmonton, AB
Fellowship Committee Chair

Congratulations to Dr. Neil Arnstead and Dr. Peter Dixon the recipients of this year's Canadian Fellowship Awards. Below you will find an update from them on their experiences to date.

Dr. Neil Arnstead, University of Toronto, Toronto, ON
Head & Neck Surgery / Skull Based Surgery—University of Toronto

My fellowship has been extremely busy and rewarding so far. Over the first three months, I've performed twelve major head and neck cancer ablations, thirteen endoscopic or open resections of sinonasal tumours, and four combined neurosurgical and otolaryngology anterior skull base tumour resections and reconstructions, in addition to 30 sinus surgeries for inflammatory disease. The hiring of a new faculty at Mount Sinai Hospital has also allowed me to gain some exposure in elevation and microvascular free tissue transfer.

I'm extremely grateful to have the support of the CSOHNS Fellowship Award to supplement the salary for my fellowship as it has allowed me to maximize the variety in advanced skills I can acquire, rather than taking days to simply pay the bills. Thank you so very much!

Dr. Peter Dixon, University of Toronto, Toronto, ON
Otology/Neurotology—University of California San Diego

Through the first 4 months of a 2-year neurotology fellowship, it is rewarding to reflect on my experiences and to recognize that this pace of learning and development will continue.

In this short time, I have participated in more than 60 lateral skull base tumour cases and countless otology cases. In clinic, I am witnessing and engaging in complex decision-making for rare pathologies and refining my approaches to common conditions with pearls from neurotologists with varied training backgrounds and decades of experience.

Research has been similarly engaging. I have worked diligently to adapt patient intake processes for the highest-volume vestibular schwannomas center in the U.S. to facilitate high-quality prospective clinical data collection, an initiative that has already generated data that will answer a number of important clinical questions. I am establishing collaborations with epidemiologists at one of the country's largest health insurance plans to initiate population-based health services research related to hearing loss and vestibular dysfunction.

The recent fellow boot camp dissection course provided the opportunity to foster friendships with neurotology fellows across the country. The fun had that weekend has me excited about a career of collaborations, national meetings, and professional development. Being a member of a collegial network of like-minded individuals is, for me, one of the most rewarding draws to an academic career.

Personally, I am working to establish sustainable time management routines to prioritize and protect time with my wife, Sarah, and our 4-month-old son, Hugo. The CSO fellowship fund has been immeasurably helpful to our family in making this continued training possible. I look forward to sharing further updates at the next CSO meeting.

2022/2023 Fellowships

Two undesignated fellowship grants of up to \$25,000 each, will be available contingent on the COHNS Fund's capacity. Applications are due by **February 15, 2022.**

To read the full instructions and download the application form visit:

<https://www.entcanada.org/fellowships-awards/awards-grants/canadian-fellowship-program/>



Neil Arnstead, Toronto, ON



Peter Dixon, Toronto, ON



University Fellowship Programs in Canada (Fully Funded Programs Only)

Dalhousie University

OTOLOGY, NEUROLOGY & SKULL BASE SURGERY 1-year (C/R)

Director: Dr. David P. Morris, Halifax, NS

Details [available here.](#)

HEAD & NECK ONCOLOGY / RECONSTRUCTIVE MICRO-SURGERY

1-year (C/R)

Director: Dr. Matthew Rigby, Halifax, NS

Details [available here.](#)

McGill University

PEDIATRIC OTOLARYNGOLOGY 1-year (R and/or C)

Directors: Drs. Sam Daniel & Melanie Duval, Montreal, QC

Details [available here.](#)

HEAD & NECK SURGERY 1-year (C)

Directors: Drs. Michael Hier & Alex Mlynarek, Montreal, QC

Details [available here.](#)

HEAD & NECK / MICROVASCULAR RECONSTRUCTION 2-years (C)

Directors: Drs. Michael Hier & Alex Mlynarek, Montreal, QC

Details [available here.](#)

AUDITORY SCIENCES LABORATORY 1-year (C)

Supervisor: Dr. Sam Daniel, Montreal, QC

Details [available here.](#)

LARYNGOLOGY 1-year (C)

Director: Dr. Karen Kost, Montreal, QC

Details [available here.](#)

HEAD & NECK CUTANEOUS MALIGNANCY AND FACIAL RECONSTRUCTION 1-year

Director: Dr. Karen Kost, Montreal, QC

Details [available here.](#)

Université de Montréal

PEDIATRIC OTOLARYNGOLOGY 1- 2 years (C)

Director: Dr. Annie Lapointe, Montreal, QC

Details TBA; Check the CSOHNS website shortly.

Western University

ADVANCED TRAINING IN HEAD & NECK ONCOLOGY & RECONSTRUCTIVE MICROVASCULAR SURGERY 1-year (C/R)

Director: Dr. Anthony Nichols, London, ON

Details [available here.](#)

University of Toronto

Programs offered in:

FACIAL PLASTIC AND RECONSTRUCTIVE SURGERY

HEAD & NECK SURGICAL ONCOLOGY

LARYNGOLOGY

Continued on page 13

University of Toronto continued

OTOLOGY / SKULL BASE SURGERY
PEDIATRIC OTOLARYNGOLOGY
RHINOLOGY, SKULL BASE & HEAD & NECK ONCOLOGY
MEDICAL AND SURGICAL OTOLOGY / NEUROTOLOGY
Details [available here](#).

University of Saskatchewan

FACIAL PLASTIC & RECONSTRUCTIVE SURGERY 1-year (C/R)
Director: Dr. Rick Jaggi, Saskatoon, SK
Details [available here](#).

University of Calgary

ADVANCED HEAD & NECK SURGICAL ONCOLOGY 1-year (C)
Director: Dr. Rob Hart, Calgary, AB
Details [available here](#).

University of Alberta

RHINOLOGY & ENDOSCOPIC SINUS AND SKULL BASE SURGERY 1-year (C)
Director: Dr. Erin Wright, Edmonton, AB
Details [available here](#).

ADVANCED HEAD & NECK ONCOLOGY AND MICROVASCULAR RECONSTRUCTION 1-year (C)
Director: Dr. Dan O'Connell, Edmonton, AB
Details [available here](#).

PEDIATRIC OTOLARYNGOLOGY 1-year (C)
Director: Dr. Hamdy El-Hakim, Edmonton, AB
Details [available here](#).

University of British Columbia

OTOLOGY & NEUROTOLOGY 1-year (C)
Director: Dr. Jane Lea, Vancouver, BC
Details [available here](#).

PEDIATRIC OTOLARYNGOLOGY 1-year (C/R)
Director: Dr. Neil Chadha, Vancouver, BC
Details [available here](#).

RHINOLOGY 1-year (C)
Director: Dr. Andrew Thamboo, Vancouver, BC
Details [available here](#).

HEAD & NECK SURGICAL ONCOLOGY 1-year (C)
Director: Dr. Eitan Prisman
Details [available here](#).

All the above programs are listed on the CSOHNS website under "[University Fellowships](#)". If you have a funded Canadian fellowship you wish to post there please contact the office at csn.hns@sympatico.ca.



2021 COHNS Fund Board of Directors

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Canadian Otolaryngology-Head and Neck Surgery Fund Update

Thank-you to Our Donors

Many thanks to all the members of the Society who have generously donated to the Fund this year. The importance of your support cannot be overstated in this economic climate where sustained corporate sponsorship has proven to be difficult to secure. Your gifts are truly appreciated and valued.

Sponsored Activities

A special note of appreciation goes to Dr. Dan O'Connell for initiating the *Dr. Elena O'Connell Memorial Fund* with a donation of \$10,000. It will support the Women-in-Otolaryngology Group's professional educational activities under the direction of Dr. Danielle MacNeil, WIO Chair.

Two, \$25,000 fellowships were awarded in 2021/22. Congratulate Drs. Peter Dixon and Neil Arnstead. Read about their experiences on page 11 of this newsletter. The Fund will again sponsor two awards for 2022/23. Deadline for applications is February 15, 2022. [Click here](#) for further information / application.

Funding will be renewed for support of the CSOHNS' **LearnENT** app, a very popular education application available to everyone.

Reminders

The Fund's *Mini-fellowship Program* is an initiative meant for ACTIVE members of the Society who wish to enhance their expertise in certain areas of the specialty or who would like to acquire new surgical techniques. The guidelines have been revised to include funding for "hands-on" courses. For further information as well as an application form, please go to: <http://www.entcanada.org/fellowships-awards/awards-grants/cohns-fund-mini-fellowship-program/>.

The *Global Health Scholarship* is an initiative for Residents in Otolaryngology-Head and Neck Surgery programs in Canada. Two awards of \$1,000 each will be given annually to successful Residents travelling to a low or middle income country, or an under-served area in Canada. For more information and application go to: <http://www.entcanada.org/fellowships-awards/awards-grants/global-health-scholarship/>

How to Make a Donation

Members can donate online through **CanadaHelps**, a Canadian platform for online fundraising. You can go to the "COHNS Fund" section of the Society's website and click on the donation link (<https://www.canadahelps.org/en/dn/34784>) or go directly to <https://www.canadahelps.org/en/> and type in "otolaryngology" in the search bar, then click on the Society's logo. A receipt will automatically be sent to your email once a donation has been made.

To donate by mail or fax, download a donations card (link below) and mail to 68 Gillkison Street, Elora, ON N0B 1S0 or fax to 519-846-9529.

<https://www.entcanada.org/wp-content/uploads/COHNS-Fund-Donation-Card-RevisedNov2021.pdf>

Employment Opportunities

GENERAL OTOLARYNGOLOGIST, CHATHAM-KENT, ON (Nov 3, 2021)

The Chatham-Kent Health Alliance (CKHA) has an immediate opening for a full-time (or locum) General Otolaryngologist in our Surgical Program. [Read More](#)

OTOLARYNGOLOGIST, TORONTO, ON (Nov 1/21)

We are seeking an Otolaryngologist licenced to practice in Ontario. We are based in north Toronto near the 401 Hwy. Turn-key clinic opportunity in a modern building. Fully equipped for office based procedures in dedicated procedure room. Fully audiometric testing and ABR, VNG, vHIT, FEES on site. No call expectation. Please contact torontoent@yahoo.ca.

OTOLARYNGOLOGIST-HEAD & NECK SURGEON, OSHAWA, ON (Oct 15/21)

The Division of Otolaryngology is seeking a full-time General Otolaryngologist with an interest or fellowship training in laryngology to join a team of 3 highly specialized subspecialist otolaryngologists located at our Oshawa site in providing care to the entire Region of Durham. [Read More](#)

PEDIATRIC OTOLARYNGOLOGIST LOCUM, VANCOUVER, BC (Oct 29, 21)

The Division of Pediatric Otolaryngology-Head and Neck Surgery at British Columbia Children's Hospital is seeking a locum Pediatric Otolaryngologist to fill a full-time position. [Read More](#)

PEDIATRIC OTOLARYNGOLOGIST, CALGARY, AB (Oct 5/21)

The Department of Surgery, Alberta Health Services – Calgary Zone and the University of Calgary invite applications for the position of Pediatric Otolaryngologist-Head and Neck Surgeon at the Alberta Children's Hospital in Calgary. [Read More](#)

OTOLARYNGOLOGIST, RICHMOND HILL, ON (Sep 27/21)

Otolaryngology clinic seeking another otolaryngologist to join the team to help cover a busy clinical practice in Richmond Hill, ON. Start immediately. Further details please email otolaryngologysurgeons@gmail.com Tel: 416-548-4039.

OTOLARYNGOLOGIST, PETERBOROUGH, ON Sep 26/21)

Our team of Otolaryngology – Head and Neck Surgeons is looking for a fifth member to join our team on a permanent full-time basis. [Read More](#)

LARYNGOLOGIST, CHICAGOLAND, IL (Sep 23/21)

Bastian Voice Institute (BVI) is a tertiary-care laryngology institute with regional and national caseload. We are seeking a fourth laryngologist interested in voice, swallowing and airway disorders...[Read More](#)

TWO OTOLARYNGOLOGY-HEAD & NECK SURGEONS, SUDBURY, ON

(Sep 23/21)

Health Services North / Horizon Santé Nord (HSH) is recruiting two General Otolaryngology Surgeons who have a keen interest in affecting change within its dynamic healthcare system. [Read More](#)

Job posting are updated regularly on the CSOHNS website at <https://www.entcanada.org/job-board/>

How to Place an Ad

If you wish to advertise a position on the Society's website please send the information to the CSOHNS office at—csn.hns@sympapico.ca.

Typically, ads are posted for a period of three months and circulated in appropriate Society eblasts and newsletters to the membership





Upcoming Society Positions for 2022/23

Deadline for Nominations—April 30, 2022

The following positions are open for nominations—

- 2nd Vice-President Elect
- Regional Representatives for Manitoba, Saskatchewan and Alberta
- COACH Chair
- CPD/CME Chair
- E-Communications Chair
- General Otolaryngology Chair
- Historian
- Physician Resources Chair
- Representative to CMA
- Scientific Program Chair

Positions will be decided during the business meeting at the 2022 Annual Business Meeting. Interested individuals should send a CV along with a letter explaining why they would be right for the position. Submissions can be emailed, faxed or mailed to: Dr. Ian Witterick, Nominating Committee Chair, c/o CSOHNS, 68 Gilkison Street, ELORA, ON N0B 1S0, Tel: 519-846-0630 Email: csn.hns@sympatico.ca

2021 Virtual Annual Meeting Sponsors

Our sincere thanks to the following companies for their generous support of the 75th Virtual Annual Meeting—

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Donations are accepted in the form of educational grants. Sponsors have no influence over the scientific program.



In Memoriam



DR. DAVID R. GOLDFARB

It is with great regret that we inform you of the passing of Dr. David R. Goldfarb, peacefully at home on June 25, 2021, at the age of 61.

David graduated from medical school in 1985 and completed residency in otolaryngology – head & neck surgery at the University of Toronto in 1991. He served as Chief of Otolaryngology at Doctors Hospital from 1994 to 1998. He joined the medical staff at North York General Hospital in 1999 and served as Chief of Otolaryngology for 10 years. During this time, David was very involved in undergraduate and postgraduate medical education. He was a valued member of our community academic faculty. In recognition of his standing in our department, he was recently presented with the *Distinguished Alumnus Award*, for exceptional commitment and dedication to the practice and teaching of otolaryngology and for professional ethical standards of the highest order.

David's passions outside of medicine included a love of acting and theatre. He was well known in the local theatre circles for his bravado and falsetto on stage. He will be forever remembered by his patients, colleagues and friends for his kindness, sense of humor and passion for life.

David is survived by his wife Dr. Cindy Goldfarb and their four children, Robbie (Nikki), Jonathan (Leslie), Rachel and Laura.

DR. JON MAXIM ADAMIS

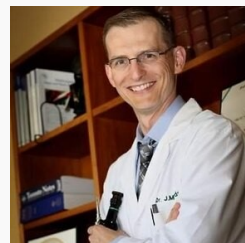
It is with great sadness that the family of Dr. Jon Maxim Adamis formerly known as Dr. Jan Jakub Krepelka announces his passing at the age of 50 years on Friday March 12, 2021 in Edmonton, Alberta. He is dearly missed and lovingly remembered by Dr. Jennifer Tse, his wife of 17 years, and his twin children Rachel and Maxim Adamis.

Dr. Jon Adamis was an Ear, Nose and Throat Specialist - Clinical Otolaryngologist at Shape MD Medical Clinic from 2007 to 2020. He was loved by his staff and patients. He was also known as Adonimus, the creator of the EDM Archive Project.com. He created several Vusic (Visual music) videos - compilation of music videos, sound bites, lyrics and commentary. A feast for imagination and inspiration. Dr. Jon Adamis was truly a creative, generous and brilliant man. We will sincerely miss him.

Dr. Jon Adamis requested that no funeral be held. In lieu of flowers, a fund is being established to help support his children in their future educational endeavours. Donations can be made payable to Jennifer Tse, memo: Adamis Children's Trust Fund. c/o Dr. Jennifer Tse, Shape MD Medical Clinic, 10848 - 72 Avenue NW, Edmonton, Alberta, T6E 1A3.

DR. JEAN GÉRIN-LAJOIE

It is with great sadness that the family of Dr. Jean Gérin-Lajoie announces his passing, on February 4, 2021, at the Ottawa Hospital. Loving husband of Thérèse, dedicated father to Caroline (Guy Hébert); devoted grandfather to Philippe, Élise, Mathieu, as well as Alexandre and Isabelle Hébert. He is survived by his sister Denise (Paul), his brother Marc (Brigitte), as well as many nieces, nephews and friends. Predeceased by his father Gustave and his mother Therese. Predeceased by his brother Paul (Gabrielle) and sisters Michelle and Margot (Roberto). Due to COVID-19, a small family gathering was held on Friday, February 12, at the Heritage Funeral Complex in Orleans. The family would like to thank the doctors and nurses at the Ottawa Hospital, General Campus. For those who wish to do so, donations to Doctors Without Borders would be greatly appreciated.



Who Can Join the CSOHNS

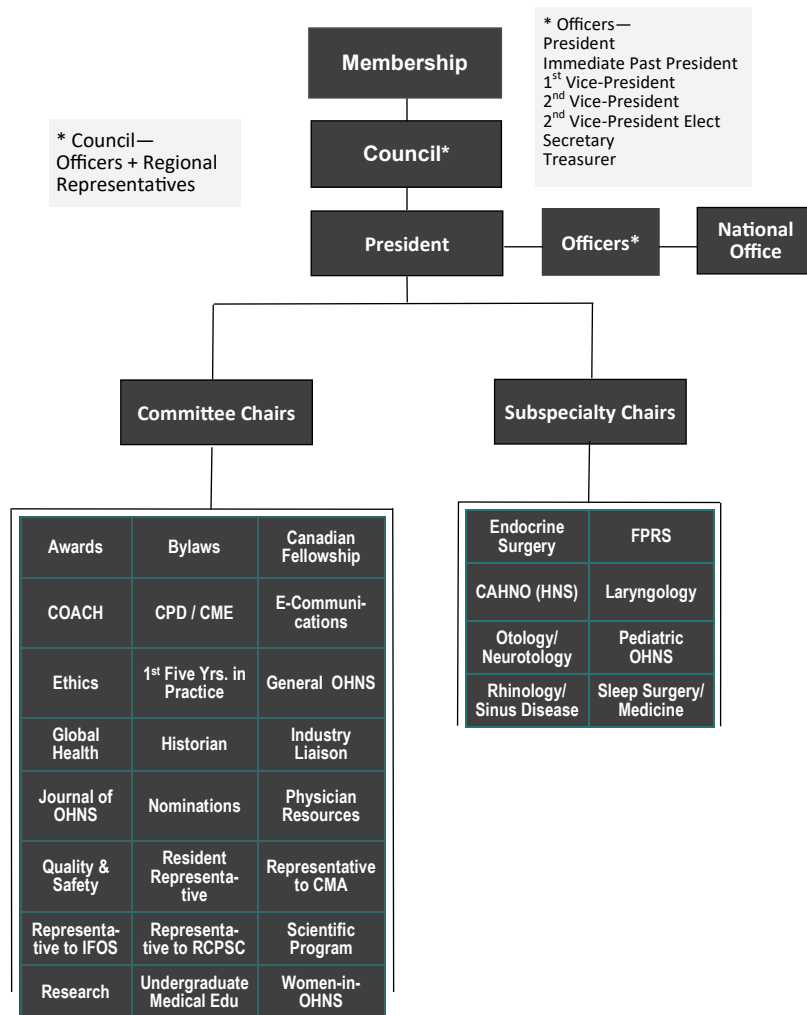
ACTIVE membership is open to graduates in medicine of a Medical School approved by the Board of the Society. The individual must hold a certificate in OHNS from the RCPSC, or an equivalent qualification approved by the Board of the Society. (See list of [accepted jurisdictions](#))

ASSOCIATE membership is open to all residents training in Canadian otolaryngology programs or to a Canadian citizen in an otolaryngology training program approved by the Board of the Society.

EMERITUS membership are ACTIVE members who have fifteen (15) years + of membership in the Society and have reached the age of sixty-five (65) or are retired from active practice. A request for emeritus status must be made in writing to the Secretary of the Society.

TO JOIN DOWNLOAD the [CSOHNS Membership Application](#) (PDF), complete and return to the office by email, fax or mail.

CSOHNS Organizational Structure



Canadian Society of Otolaryngology-Head & Neck Surgery

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THE NEWSLETTER is published quarterly, once in hard-copy (Fall) and three times in an electronic format (eNews—Winter, Spring and Summer). It is the official publication of the Canadian Society of Otolaryngology-Head and Neck Surgery. We welcome and encourage your comments, letters to the Executive or written submissions to be considered for publication.