

## **Personal Protective Measures in the Princess Margaret Head and Neck Cancer Clinic**

Procedures will depend on the activity being performed and apply to symptom and travel free patients who have passed door screening:

- 1) Placing patients in the rooms and taking a history while sitting at least 3 M from the patient (as far as possible)
  - a. According to new UHN policy all health care workers working within clinical areas should wear a procedure mask (not N95) throughout their work period
- 2) Physical exam that involves trans-oral inspection and palpation
  - a. Gown, gloves, surgical mask and separate eye protection: goggles, visor or combination mask/visor
  - b. Donned and doffed in a sterile manner between each patient encounter
- 3) Nasopharyngoscopy
  - a. Full PPE gown, gloves, N95 mask and eye protection as above
  - b. Donned and doffed in sterile manner between each patient

### PROCEDURES FOR FULL PPE DURING NASOPHARYNGOSCOPY

#### BEFORE PUTTING ON PPE:

- 1) Place garbage / linen bin in front of room
- 2) Place scope bin to send for re-processing outside of the room
- 3) Remove your surgical mask (as per new UHN staff masking policy) and place in secure bag/locker etc.

#### ORDER OF DONNING PPE:

- 1) Tie hair back if it is long
- 2) Thorough hand hygiene for at least 15 second using alcohol-based sanitizer preferably; if visibly soiled used soap and warm water
- 3) Gown first – NOT the disposable yellow – must be linen yellow - put on the sleeves, tie the neck portion in front of you, pass over head, then tie behind
- 4) Then mask and eye protection ( N95 with face shield surgical mask on top OR goggles OR visor )
- 5) Don gloves last. Gloves should cover the cuff of the gown.

#### CLOSE THE DOOR ONCE YOU ENTER THE ROOM

- 1) Perform the nasopharyngoscopy
- 2) Detach scope from light source and carry to door
- 3) Clinic Nurse stands outside door with gloved hands and holds scope bin
- 4) Place scope in bin without touching the sides or individual holding bin
- 5) Perform doffing procedure

#### ORDER OF DOFFING PPE: Dirtiest to cleanest

- 1) Gloves off first
- 2) Gown next – untie from the back and take it off by rolling it into itself. Dispose of gown in the soiled linens bin.
- 3) Perform hand hygiene for minimum of 15 seconds with an Alcohol Based Hand Rub (soap and water if visibly soiled)
- 4) Remove eye protection (dispose of face shield if used, or remove goggles).
- 5) Remove Mask

- 6) Perform hand hygiene
- 7) Put on your assigned surgical mask from start of shift (unless visibly soiled or in direct contact with a positive/highly symptomatic patient)

*Dr. John Waldron, Radiation Oncology*