



## SCIENTIFIC PROGRAM-AT-A-GLANCE

## Additional Convention Courses

Sat Jun 6	Course	Location	Course	Location
09:00 - 17:00	Aesthetic Botulinum Toxin: A Hands On Workshop	The Derm Center, 1385 Grant Avenue, Winnipeg, MB	07:30 - 12:00	Simulation Symposium for Airway Management 000 Brodie Centre (Basement) 727 McDermot Ave., Winnipeg R3T 2N2

## RBC Convention Centre, WINNIPEG

Sat Jun 6		Pan Am Room	Lecture Theatre
08:30 - 09:30	Run/Walk the Doc (meet outside Delta Hotel)	09:30 – 10:00 NUTRITION BREAK	
09:30 - 10:00		Market Outlook: Perspectives and Insights – MD Financial Management – B. Horton	
10:00 - 11:00		An Introduction to Mindfulness – M. St. Hilaire, Winnipeg, MB	
11:00 - 12:00		Your Future by Design – W.H. Hill, RBC Wealth Management (LUNCH)	
12:00 - 13:00		PAPERS: FACIAL PLASTIC AND RECONSTRUCTIVE SURGERY CHAIR: Dr. Ali Esmail, Winnipeg, MB	13:00 – 15:00 POLIQUIN RESIDENTS' COMPETITION
13:00 - 13:30		WS #1 Blepharoplasty for the Otolaryngologist- Head and Neck Surgeon – K. Ansari, Edmonton, AB	
13:30 - 14:15		WS #2 Introduction to Brow and Forehead Rejuvenation for the General Otolaryngologist – K. Ansari, Edmonton, AB	
14:15 - 15:00		COFFEE BREAK	COFFEE BREAK
15:00 - 15:30			15:30 – 16:30 POLIQUIN RESIDENTS' COMPETITION
15:30 - 16:30			

Sun Jun 7	Meeting Rooms 4/5	Pan Am	Meeting Room 3	Lecture Theatre
08:15- 10:00	<b>OPENING SESSION:</b> <ul style="list-style-type: none"> <li>Welcome: Dr. Marty Corsten, President / Dr. Frederick Kozak, Scientific Program Chair</li> <li>Guest of Honour Dr. Paul Odell, Ottawa, ON</li> <li>Guest Speaker Presentation Dr. Paul Farnan, Vancouver, BC - <b>Maintaining Balance, Meaning and Fulfillment in a Busy Medical Career</b></li> <li>Celebrating Our Own: CSOHNS Lifetime Achievement Award Dr. Martin Black, Montreal QC – Lifetime Achievement...What's Really Important!</li> </ul>	<h2>Taking Care of Your Patients and Yourself: Work / Life Balance</h2> <p>This meeting provides learners in the specialty of Otolaryngology - Head and Neck Surgery (including general and subspecialty otolaryngologists as well as resident and medical student trainees) a significant opportunity to attend sessions of interest and acquire further understanding and knowledge in areas of perceived / unperceived weakness in the specialty. All branches of the specialty, including head &amp; neck disease, laryngology, sinus disease, otology, neurotology, pediatric otolaryngology, facial plastic and reconstructive surgery, sleep disorders, and medical education, are part of the program.</p> <p>Building on the success of last year, we will run four concurrent sessions of workshops and podium presentations. New this year is the addition of an extra day of general, subspecialty and resident sessions. This provides delegates with a great variety of learning opportunities. As always, there will be ample time allotted for enhanced dialogue, discussion and interaction with the various presenters. In keeping with the theme of this year's meeting – <i>"Taking Care of Your Patients and Yourself: Work/Life Balance"</i>, guest speakers will present their areas of expertise through plenary talks and workshops. The <i>"How I Do It"</i> section will continue as well as more full workshops to give each learner practical and adoptable knowledge to use immediately in practice when they return home.</p> <p>Review of feedback received from last year's annual meeting in Ottawa provided the inspiration for this year's theme, – <i>"Taking Care of Your Patients and Yourself: Work/Life Balance"</i>. Also addressed in this year's program will be workshops and presentations for the community-based practitioners, continued information on technological advancements in education, and popular updates such as <i>"The Best Articles of the Last Year in Otolaryngology for the General Otolaryngologist"</i>. As previous workshops are discontinued for a year or two, new workshops will give attendees new knowledge for improved care of their patients.</p>		
10:00 - 10:30	COFFEE & VISIT TO EXHIBITS			
10:30 - 11:15	Avoiding the Stress of Litigation: The 3 C's That Will Get You Into Trouble – Dr. Janet Nuth, CMPA			
11:15 - 12:00	CPD Presentation: 7 Habits for Highly Effective Surgeons: Strategies to Emphasize Work / Life Balance – F.G. Osler, J. Jones, E. Meen, Winnipeg, MB			
12:00 - 13:30	LUNCH & VISIT TO EXHIBITS / POSTERS			
13:30 - 14:10	WS #3 Investigation of Congenital Pediatric Sensorineural Hearing Loss for the General Otolaryngologist – R. Hod, R. Rahmanian, F. Kozak, Vancouver, BC	WS #4 The Role of Regional Flap Head and Neck Reconstruction in the Era of Free Flap Reconstruction – D. O'Connell, V. Biron, Edmonton, AB, R. Hart, J. Trites, Halifax, NS, A. Joshi, Washington, DC	WS #5 Implementing a Safe Outpatient Thyroidectomy Program in Your Practice – L. McLean, Ottawa, ON, J. Harris, Edmonton, AB, M. Hearn, Ottawa, ON	13:30 – 15:00 WS #6 Therapeutic Option for Eustachian Tube Dysfunction: Is There A Balloon in Your Future? – M. Desrosiers, F. Lavigne, Montreal, QC, M. Bance, Halifax, NS, S. Nayan, Montreal, QC, B. Williams, Halifax, NS

Sun Jun 7		Meeting Rooms 4/5		Pan Am Room		Meeting Room 3		Lecture Theatre	
14:15 - 15:00	<b>WS #7</b> Don't Drop the Baton – Improving Handovers from the CMPA's Perspective - D. Khalil, Winnipeg, MB, M. Gupta, Hamilton, ON, J. Nuth (CMPA), N. Viallet, Winnipeg, MB	<b>WS #8</b> Beavertail Modification of the Radical Forearm Free Flap: Indications, Technique and Functional Outcomes – E. Fung, Halifax, NS, J. Tibbo, St. John's, NL, D. MacNeil, London, ON, K. Richardson, J. Harris, H. Seikaly, Edmonton, AB	<b>WS #9</b> Laryngeal Trauma – A. Darnbrough, Winnipeg, MB, K. Kost, Montreal, QC, J. Anderson, Toronto, ON, M. Allegrretto, Edmonton, AB	<b>WS #6 continued</b>					
15:00 - 15:30	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>					
15:30 - 16:10	<b>WS #10</b> Physical Examination of the Dizzy Patient – T. Mijovic, J. Lea, Vancouver, BC,	<b>WS #11</b> Using Electronic Data for Research in Otolaryngology-Head and Neck Surgery – S. Hall, Kingston, ON, A. Eskander, Toronto, ON, K. Macdonald, Ottawa, D. MacNeil, London, ON	15:30 – 17:15 <b>PAPERS: HEAD AND NECK SURGERY 1</b> <b>CHAIR: Dr. Paul Kerr, Winnipeg, MB</b>	<b>WS #12</b> Office Based Surgery for Sleep Disordered Breathing – J. Chau, Calgary, AB					
16:15 - 17:15	<b>WS #13</b> Physicians and Their Intimate Relationships - Thriving or Just Surviving? – P. Farnan, Vancouver, BC	<b>WS #14</b> Rhinoplasty for the General Otolaryngologist: How I Keep it Simple – M. Samaha, Montreal, QC	<b>WS #15</b> 10 Tips to Minimize Pitfalls, Maximize Safety and Improve Outcomes for Your Sinus Surgery Patients – A. Janjua, Vancouver, BC, D. Sommer, Hamilton, ON, J. Lee, Toronto, ON						
Mon Jun 8		Meeting Rooms 4/5		Pan Am Room		Meeting Room 3		Lecture Theatre	
08:00 - 08:55	<b>WS #16</b> Functional Rhinoplasty – J. Sykes, Sacramento, CA	<b>WS #17</b> Temporal Bone Radiology by the Otolologist for the Otolaryngologists – J. Kuthubutheen, Crawley, W. Australia, E. Hwang, O. Hilly, V. Lin, Toronto, ON	<b>WS #18</b> Strategies and Attitudes for Professional Success – E. Akbari, P. Adamson, Toronto, ON	<b>WS #19</b> Update on Current Management of Bilateral Vocal Fold Immobility – K. Fung, London, ON, D. Bosch, Calgary, AB, J. Anderson, Toronto, ON, K. Kost, Montreal, QC					
09:00 - 10:15	<b>PLENARY SESSION:</b> <ul style="list-style-type: none"> <li>. Guest Speaker Presentation, Dr. Jonathan Sykes, Sacramento, CA - My Personal Evolution of Caring for Patients with Congenital Cleft Malformations: A Joyous, But Humbling Career</li> <li>. Celebrating Our Own: BC Laryngology, Dr. Murray Morrison, Vancouver, BC – Some History of Laryngology</li> <li>. Editorial Reviewers Awards</li> </ul>								
10:15 - 10:45	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>					
10:45 - 12:00	<b>WS #20</b> Facial Reconstruction: A Specialist Panel on the Contemporary Reconstruction of the Face – M. Brandt, Toronto, ON, J. Sykes, Sacramento, CA, S. M. Taylor, Halifax, NS, K. Ansari, Edmonton, AB, J. Trites, Halifax, NS,	<b>WS #21</b> Wait, Wait...I Don't Have to Wait? Clinical-based Laryngeal Procedures - T. Brown, Halifax, NS, J. Young, Montreal, QC, A. Darnbrough, Winnipeg, MB, K. Fung, London, ON	<b>WS #22</b> Endoscopic Ear Surgery: A Taster for Those With An Interest – J. Lea, Vancouver, BC, D. J. Nogueira, Benfica, Fortaleza, Brazil, D. Marchioni, Verona, Italy, D. Pothier, Toronto, ON	<b>WS #23</b> Tablets and Other Mobile Technologies for the Busy Otolaryngologist: Tips and Tricks – S. Kohlert, M. Bromwich, L. McLean, Ottawa, ON					
12:00 - 13:30	<b>LUNCH &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>LUNCH &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>LUNCH &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>LUNCH &amp; VISIT TO EXHIBITS / POSTERS</b>					
13:30 - 15:00	13:30 - 15:15 <b>PAPERS: EDUCATION 1</b> <b>CHAIR: Dr. F. Gigi Osler, Winnipeg, MB</b>	13:30 – 15:30 <b>PAPERS: OTOLOGY 1 / VESTIBULAR</b> <b>CHAIR: Dr. Jordan Hochman, Winnipeg, MB</b>	13:30 - 15:00 <b>PAPERS: ENDOCRINE SURGERY</b> <b>CHAIR: Dr. Donna Sutherland, Winnipeg, MB</b>	13:30 -14:30 <b>WS #24</b> End of Life Care: Getting It Right – K. Kost, Montreal, QC; D. Eibling, Pittsburg, PA; A. Zeitouni, Montreal, QC 14:30 - 15:00 <b>PAPERS: LARYNGOLOGY</b> <b>CHAIR: Dr. Andrea Darnbrough, Winnipeg, MB</b>					
15:00 – 15:30			<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>					
15:30 – 16:00	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	<b>COFFEE &amp; VISIT TO EXHIBITS / POSTERS</b>	15:30 - 16:30 <b>PAPERS: HEAD AND NECK SURGERY 2</b> <b>CHAIR: Dr. Norbert Viallet, Winnipeg, MB</b>	<b>WS #25</b> 15:30 – 16:00 Changing Transfusion Practices – B. Muirhead, (Dept of Anesthesia), P. Kerr, Winnipeg, MB, R. Hart, Halifax, NS					
16:00 – 17:15	<b>WS #26</b> The Best Articles of the Last Year in Otolaryngology for the General Otolaryngologist – J.-P. Vaccani, A. Lamothe, S. Johnson-Obaseki, D. Schramm, S. Kilty, Ottawa, ON	<b>PAPERS: OTOLOGY 2 / VESTIBULAR</b> <b>CHAIR: Dr. Brian Blakley, Winnipeg, MB</b>	16:30 – 17:15 <b>WS #27</b> HPV Counselling for the Otolaryngologist-Head and Neck Surgeon – A. Zeitouni, K. Kost, Montreal, QC, D. Eibling, Pittsburg, PA	<b>WS #28</b> Management of Allergic Rhinitis: Incorporating New Treatment Options to Respond to Unmet Patient Needs – M. Desrosiers, Montreal, QC, S. Kilty, Ottawa, ON, I. Witterick, Y. Chan, Toronto, ON					
Tue Jun 9		Meeting Rooms 4/5		Pan Am Room		Meeting Room 3		Lecture Theatre	
08:00 - 08:55	<b>WS #29</b> Beyond the Microscope: Robotic Controlled High Definition Optics for Surgery – A. Kassam, Milwaukee, WI	<b>WS #30</b> Medical Education 2.0: New Interactive Tools, Technologies and Techniques for Teaching Otolaryngology-Head and Neck Surgery – A. Gooi, M. Gousseau, S. Nelko, D. Wesst, Winnipeg, MB	<b>WS #31</b> Management of the Chronically Dizzy Patient: New Concepts and Real-World Tips – J. Lea, B. Westerberg, T. Mijovic, Vancouver, BC, D. Pothier, Toronto, ON	<b>WS #32</b> Versatile Regional Flaps for Every Head and Neck Surgeon – T. Ayad, A. Rahal, E. Bissada, Montreal, QC					

Tue Jun 9	Meeting Rooms 4/5	Pan Am Room	Meeting Room 3	Lecture Theatre
09:00 - 10:10	<b>PLENARY SESSION:</b> . Guest Speaker Presentation Dr. A. Kassam - Surgical Innovation: Six Pillars Approach in Neurosurgery and Otolaryngology-Head & Neck Surgery . Celebrating Our Own for Quebec – Dr. Dominique Dorion, Sherbrooke, QC - Can A Nationalist Quebecer Have Fun in A Monarchy-associated Endeavour			
10:10 - 10:40	<b>COFFEE BREAK</b>	<b>COFFEE BREAK</b>	<b>COFFEE BREAK</b>	<b>COFFEE</b>
10:40 - 12:00	<b>PLENARY SESSION:</b> . Guest Speaker Presentation Dr. Jason Frank, RCPSC - Training Is Changing: The Era of the Competency-based Surgeon . Celebrating Our Own for Alberta, General Practice – Dr. Janet Balderston, Lethbridge, AB - Why You Should Be A Community ENT . 2015 Fellowship Recipient Presentations			
12:00 - 13:00	<b>WORKING LUNCH</b>	<b>WORKING LUNCH</b>	<b>WORKING LUNCH</b>	<b>WORKING LUNCH</b>
12:00 - 12:30	<b>WS #33</b> Otolaryngology-Head and Neck Surgery Unemployment in Canada – M. Brandt, G. Scott, Toronto, P. Doyle, London, R. Ballagh, Barrie, ON	<b>WS #34</b> Management of Hyperparathyroidism Secondary to Renal Failure – P. Kerr, M. Reslerova, Winnipeg, MB, J. Harris, Edmonton, AB	<b>WS #35</b> Overview of Free Radicals – B. Blakley, Winnipeg, MB	12:00 – 13:00 <b>WS #36</b> Good to Great Residency Programs - J. Frank, RCPSC, Ottawa, ON
12:30 - 13:00	<b>WS #37</b> Evidence-base Management of Nasal Trauma – M. Brandt, Toronto, ON, S.M. Taylor, Halifax, NS	<b>WS #38</b> Sustainable High Performance Skills for Surgeons: Strategies to Enhance Work/Life Balance – F. G. Osler, J. Jones, E. Meen, C. Botterill, J. Brooks, A. Hussain, Winnipeg, MB	<b>WS #39</b> E-Cigarettes: Fact or Fumes? – S. Kohlert, Ottawa, ON	
13:00 - 14:30	<b>PAPERS: PEDIATRIC OHNS</b> CHAIR: Dr. Darren Leito, Winnipeg, MB	<b>PAPERS: HEAD AND NECK SURGERY 3</b> CHAIR: TBA	<b>PAPERS: RHINOLOGY</b> CHAIR: Dr. Rick Gall, Winnipeg, MB	<b>PAPERS: GENERAL OHNS</b> CHAIR: Dr. Adrian Gooi, Winnipeg, MB
14:35 - 15:00	<b>COFFEE</b>	<b>COFFEE</b>	<b>COFFEE</b>	<b>COFFEE</b>
15:00 - 16:15	<b>WS #40</b> A Witches Brew of Therapies– Optimizing Evidence-based Practice in the Pre-, Peri-, and Post-operative Care of Patients with Chronic Rhinosinusitis – L. Sowerby, London, ON, L. Rudmik, Calgary, AB, Y. Chan, Toronto, ON, K. McDonald, Ottawa, ON, E. Wright, Edmonton, AB			<b>WS #41</b> A Look at the Current Status of Ear Surgery in Canada: A Panel Discussion of Endoscopic Versus Microscopic Techniques – J. Lea, Vancouver, BC, D. Pothier, J. Chen, Toronto, ON, B. Westerberg, T. Mijovic, Vancouver, BC
16:15 - 17:00				<b>ANNUAL BUSINESS MEETING</b>

The Royal College of Physicians and Surgeons of Canada designates this educational activity for a maximum of 24.5 credit hours as an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada