 Canadian Society of Otolaryngology-Head and Neck Surgery

***CSOHNS Personal Learning Project (PLP) for Group Learning Activities***

**Maximize your learning and claim two credits/hour spent on your PLP in Section 2 - Self-Learning Activities. PLPs can be developed for both accredited and non-accredited group learning activities. If you are attending an accredited group learning activity, these Section 2 credits are in addition to the Section 1 – Group Learning Activities credits. Download or print out this template prior to the activity.**

**Group learning activity:**

**Date:**

**Location:**

***Step 1*: What type of learning project are you developing? Select one:**

* Addressing clinical or academic question(s) across the CanMEDS framework?
* Preparation for formal teaching activities?
* Development of research activities?
* Addressing medical-professional administrative or system-related questions/issues?
* Addressing a specific need(s) to your practice?
* Enhancing your awareness of new evidence relevant to your practice?
* Other:

***Step 2*: Pre-activity planning to develop your PLP**

* Review the activity’s learning objectives and the description of the activity
* Read any pre-circulated material
* Access other relevant resources

***Step 3*: Identify your question**

* What are you trying to find out?
* What question(s) do you need answered?

***Step 4*: Attend the group learning activity**

* Participate in relevant specific session(s)
* Learn with intent
* Discuss your question(s) informally with colleagues before, during and after the activity

***Step 5*: What is your conclusion/outcome? Please respond to at least one of the following:**

* What did you learn or confirm?

* What additional learning are you planning to complete?

* What changes are you planning to implement in your practice?

***Step 6*: Document your PLP in MAINPORT**

* How many hours did you spend participating in this activity? Remember to include your pre-activity planning time:

* Log in to MAINPORT and enter your PLP information in Section 2 - Self-Learning Activities
* You can save this document to upload to MAINPORT for personal use (supporting documentation is not required for credit validation)